

Ascentis Entry 3 and Level 1
Award, Certificate
and Diploma
in
Skills Towards Enabling
Progression (Step Up)

Rule of Combination

Ofqual Numbers: See page 3
Ofqual Start Date: 01/03/2013

Ofqual Review Date: 31/07/2022

Ofqual Certification Review Date: 31/07/2023

Qualification Overview

These qualifications' main purpose is to help you to achieve a skill set that will enable you to operate independently and effectively in life, learning and work.

Many young people and adults need support to overcome barriers which are preventing them from achieving what they want to in life and work. These qualifications offer a flexible and broad range of subjects which can be tailored to your needs to help you to learn new skills and knowledge.

There are several features of these qualifications that make them very appropriate for their target learners:

- Unit certification is available for each of the units
- Verification and certification can be offered throughout the year, allowing maximum flexibility for centres
- Evidence can be generated within a wide range of organisational contexts, allowing the qualifications to meet the specific occupational requirements of the learners

Aims

The aims of these qualifications are to enable learners:

- 1 To overcome barriers to entering work
- 2 To operate independently and effectively in life, learning and work

Target Group

These qualifications are designed for learners who would benefit from an individualised curriculum and can be used for learners aged 14 and above.

They are designed to support those who:

- need to develop their English, maths and interpersonal skills in order to progress in learning or employment;
- would prefer an alternative to an academic qualification;
- lack confidence in their own ability to progress in learning or work;
- would benefit from studying vocational taster units to help make career choices.

Regulation Codes

Ofqual Regulation Numbers:

Entry 3

- Ascentis Entry Level Award in Skills Towards Enabling Progression (Step Up) (Entry 3): 600/8497/2
- Ascentis Entry Level Certificate in Skills Towards Enabling Progression (Step Up) (Entry 3): 600/8498/4
- Ascentis Entry Level Diploma in Skills Towards Enabling Progression (Step Up) (Entry 3): 600/8499/6

Level 1

- Ascentis Level 1 Award in Skills Towards Enabling Progression (Step Up): 600/8496/0
- Ascentis Level 1 Certificate in Skills Towards Enabling Progression (Step Up): 600/8494/7
- Ascentis Level 1 Diploma in Skills Towards Enabling Progression (Step Up): 600/8495/9

Assessment Method

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria. They are internally assessed and verified by the centre and then externally verified by Ascentis.

Guided Learning Hours (GLH)

The recommended guided learning hours for these qualifications is:

- Entry Level Award in Skills towards Enabling Progression (Step Up) (Entry 3) is 25
- Entry Level Certificate in Skills towards Enabling Progression (Step Up) (Entry 3) is 121
- Entry Level Diploma in Skills towards Enabling Progression (Step Up) (Entry 3) is 326
- Level 1 Award in Skills towards Enabling Progression (Step Up) is 36
- Level 1 Certificate in Skills towards Enabling Progression (Step Up) is 146
- Level 1 Diploma in Skills towards Enabling Progression (Step Up) is 286

Total Qualification Time (TQT)

The total qualification time for these qualifications is:

- Entry Level Award in Skills towards Enabling Progression (Step Up) (Entry 3) is 30
- Entry Level Certificate in Skills towards Enabling Progression (Step Up) (Entry 3) is 150
- Entry Level Diploma in Skills towards Enabling Progression (Step Up) (Entry 3) is 370
- Level 1 Award in Skills towards Enabling Progression (Step Up) is 60
- Level 1 Certificate in Skills towards Enabling Progression (Step Up) is 210
- Level 1 Diploma in Skills towards Enabling Progression (Step Up) is 390

Age Range of Qualification

This qualification is suitable for learners aged 14+, 16–18 and 19+.

Rule of Combination

PLEASE NOTE: Units with the same title at different levels are barred.

Ascentis Entry 3 Award in Skills Towards Enabling Progression (Step Up)

Learners must achieve 3 credits from any unit group

			N	laximum Credits: 3
Core Skills				
Title	Level	Credit Value	GLH	Unit ref
Issues of Substance Misuse	E3	1	10	A/504/8437
Skills for Shopping	E3	3	30	A/504/8695
Using Computers for Family Learning	E3	2	20	A/504/8857
Health and Safety Awareness	E3	1	10	A/504/9913
Drug and Alcohol Misuse Awareness	E3	3	30	A/505/8708
Grammar and Punctuation in Practical Use	E3	1	10	A/506/1768
College Induction	E3	3	30	D/504/8124
Understanding Family Relationships	E3	3	30	D/505/1279
Introduction to Developing Parenting Skills	E3	3	30	D/505/8569
Understanding How and Why to Support Children in Family Learning	E3	3	30	D/505/8572
Recognising Own Skills for Personal Development	E3	3	30	D/505/8958
Personal Budgeting and Managing Money	E3	3	30	D/506/5313
Engage in Discussion	E3	1	10	F/503/3048
Developing Skills for Gaining Employment	E3	3	30	F/504/8519
The Local Community	E3	1	10	F/505/3672
Introduction to Road Safety	E3	3	30	F/505/8712
Skills for Employability	E3	3	30	F/505/8788
Speaking to Communicate	E3	1	10	F/506/0671
Home and Personal Safety Awareness	E3	3	30	H/504/8433
Introduction to a Training Course	E3	3	30	H/504/8495
Recognise Trees and Plants and their Importance to Wildlife	E3	2	20	H/504/9565
Introduction to Understanding Sex and Relationships	E3	3	30	H/505/8573
Managing Social Relationships	E3	2	20	H/505/8623
Alcohol and Drug Misuse Awareness	E3	3	30	H/505/8783
Aspects of Citizenship	E3	3	30	J/504/8425
Time	E3	1	10	J/504/8716
Emotional Intelligence	E3	3	30	J/505/3737
Career Preparation	E3	1	10	J/505/3740
Introduction to Making and Using Story Sacks for Family Learning	E3	2	20	J/505/8548

Food Safety and Storage	E3	3	30	J/505/8646
Using a Personal Learning Programme	E3	3	30	J/505/8789
Making Choices in Pursuit of Personal	E3	3	30	J/506/0574
Goals				
Recognising Employment Opportunities	E3	1	10	K/504/8529
Planning for Personal Development	E3	1	10	K/505/3665
Young People, Law and Order	E3	3	30	K/505/3679
Employment Contracts and Payslips	E3	1	10	K/505/3746
Division of Whole Numbers	E3	1	10	K/505/4010
Understanding Self and Others	E3	3	30	K/506/0678
Work Experience	E3	3	30	L/504/8720
Accessing Public Transport	E3	3	30	L/504/9592
Money: Adding and Subtracting	E3	1	10	L/505/3089
Personal Study Skills	E3	3	30	L/505/3741
Preparation for Work Experience	E3	1	10	L/505/8583
Introduction to Customer Service Skills	E3	3	30	L/505/8597
Preparation for Production Skills	E3	3	30	M/505/3683
Data Handling: Extracting and Interpreting	E3	1	10	M/505/4008
Volunteering	E3	2	20	M/505/8592
Teamwork Skills	E3	2	20	R/505/5698
Introduction to Group and Teamwork	E3	3	30	R/505/8570
Communication Skills				
Living in the Community	E3	3	30	R/505/8598
Participating in a Vocational Taster	E3	2	20	R/506/5308
Diversity in Society	E3	3	30	T/504/8565
Data Handling: Recording and	E3	1	10	T/505/4009
Representing Data				
Developing and Applying Number Skills	E3	1	10	T/506/5317
Introduction to Food, Drink and Cooking	E3	3	30	Y/504/8509
Preparing for a Recruitment Interview	E3	2	20	Y/505/3743
Introduction to Assertiveness and Decision	E3	3	30	Y/505/8568
Making Skills				
Developing Skills for a Healthy Lifestyle	E3	3	30	Y/506/5312
Take Part in an Activity	E3	2	20	T/504/8713
Spelling and Handwriting Skills	E3	1	10	A/503/3159
Getting to Know Woodlands	E3	3	30	M/505/6468
Measure: Capacity and Temperature	E3	1	10	A/505/4013
Rights and Responsibilities of Citizenship	E3	3	30	L/505/3674
Spelling in Practice	E3	1	10	A/503/3162
Reading Key Personal Words	E3	1	10	K/503/3156
Writing Composition Skills	E3	1	10	T/506/1770
Using Punctuation	E3	1	10	F/503/3289
Grammar Skills	E3	1	10	A/503/3050
Personal Learning Goals	E3	3	30	A/505/8787
Reading Grammar and Punctuation	E3	1	10	H/503/3155
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Using the Telephone and Photocopier E3		E3	2	20	D/303/0777
Reception and Filing Skills		E2	2	20	A /FOF /9700
Animal Care					
Developing Confidence Working With Animals Samula Animal Samula Animal Animal Animal Samula Animal Samula Animal Samula Animal Samula		E3	3	30	П/505/3194
Animals Recognise Types and Parts of the Body of E3 2 20 K/504/9566 Small Animals Assist with Catching and Restraining a E3 2 20 K/505/8588 Small Animal Check that a Small Animal is Healthy E3 2 20 L/504/9561 Building and Construction Health and Safety in Construction E3 3 3 30 H/505/1381 introduction to Carpentry and Joinery E3 3 3 30 Y/505/3192 Crafts, Creative Arts and Design Needle/Textile Crafts E3 3 3 30 D/505/5686 Basic Craft Skills E3 3 3 30 H/505/5687 Using Mixed Media in 2D E3 3 3 30 H/505/5687 Using Mixed Media in 2D E3 3 3 30 J/505/3608 Garment Making E3 3 3 30 J/505/3608 Child Development and Well Being Communication Between Children Aged 0- 83 3 30 J/505/8713 Keeping Food for Children Aged O- 83 3 30 J/505/8713 Keeping Food for Children and Young People Introduction to Developing Skills for Caring E3 3 30 M/505/8785 for your Child Introduction to Food and Nutrition for E3 3 3 30 R/505/3210 Children and Young People Human Growth and Development E3 3 3 30 R/505/3675 Environmental Sustainability E3 1 10 J/505/8503 Tenvironmental Conservation Environmental Sustainability E3 1 10 J/505/8503 Developing an Awareness of Soil Types E3 3 3 30 D/505/6465 Environmental Sustainability E3 2 20 F/505/0397 Sowing and Growing Plants E3 3 30 K/505/3195 Amenity Horticulture skills E3 3 30 K/505/8929 Introduction to Propagation of Plants E3 3 30 K/505/8930 Introduction to Cultivating Plant Cuttings E3 3 30 K/505/8731 Introduction to Garden Maintenance Skills E3 3 30 T/505/8786		F-2	2	20	D /504 /0563
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Developing Skills for Using and E3 3 30 D/505/6465 Maintaining Garden Tools Clearing and Weeding a Garden E3 2 20 F/505/0397 Sowing and Growing Plants E3 3 30 K/505/3195 Amenity Horticulture Skills E3 3 30 K/505/8929 Introduction to Propagation of Plants E3 3 30 Y/505/3211 Introduction to Cultivating Plant Cuttings E3 3 30 A/504/5330 Introduction to Garden Maintenance Skills E3 3 30 T/505/8786	Developing an Awareness of Soil Types	E3	3	30	D/505/6451
Maintaining Garden Tools Clearing and Weeding a Garden E3 2 20 F/505/0397 Sowing and Growing Plants E3 3 30 K/505/3195 Amenity Horticulture Skills E3 3 30 K/505/8929 Introduction to Propagation of Plants E3 3 30 Y/505/3211 Introduction to Cultivating Plant Cuttings E3 3 30 A/504/5330 Introduction to Garden Maintenance Skills E3 3 30 T/505/8786	and Garden Habitats				
Clearing and Weeding a Garden E3 2 20 F/505/0397 Sowing and Growing Plants E3 3 30 K/505/3195 Amenity Horticulture Skills E3 3 30 K/505/8929 Introduction to Propagation of Plants E3 3 30 Y/505/3211 Introduction to Cultivating Plant Cuttings E3 3 30 T/505/8786	Developing Skills for Using and	E3	3	30	D/505/6465
Sowing and Growing PlantsE3330K/505/3195Amenity Horticulture SkillsE3330K/505/8929Introduction to Propagation of PlantsE3330Y/505/3211Introduction to Cultivating Plant CuttingsE3330A/504/5330Introduction to Garden Maintenance SkillsE3330T/505/8786	Maintaining Garden Tools				
Amenity Horticulture Skills E3 3 K/505/8929 Introduction to Propagation of Plants E3 Introduction to Cultivating Plant Cuttings E3 Introduction to Garden Maintenance Skills E3 3 T/505/8786	Clearing and Weeding a Garden	E3	2	20	F/505/0397
Introduction to Propagation of PlantsE3330Y/505/3211Introduction to Cultivating Plant CuttingsE3330A/504/5330Introduction to Garden Maintenance SkillsE3330T/505/8786	Sowing and Growing Plants	E3	3	30	K/505/3195
Introduction to Cultivating Plant CuttingsE3330A/504/5330Introduction to Garden Maintenance SkillsE3330T/505/8786	Amenity Horticulture Skills	E3	3	30	K/505/8929
Introduction to Cultivating Plant CuttingsE3330A/504/5330Introduction to Garden Maintenance SkillsE3330T/505/8786	Introduction to Propagation of Plants	E3	3	30	Y/505/3211
Introduction to Garden Maintenance Skills E3 3 30 T/505/8786		E3	3	30	A/504/5330
		E3	3	30	T/505/8786
	History				

Discover Local History	E3	3	30	A/505/3606
ICT				
Presentation Software	E3	2	20	A/505/3217
Personal Digital Photograph Processing	E3	1	10	F/505/1677
Desktop Publishing Software	E3	2	15	F/505/3185
Data Management Software	E3	2	15	H/505/6368
Design and Imaging Software	E3	2	15	H/505/6371
Using Graphics Software	E3	1	10	J/504/8960
Digital Lifestyle	E3	2	20	K/505/1673
IT User Fundamentals	E3	2	20	K/505/3214
Spreadsheet Software	E3	2	15	L/505/3223
Using Mobile IT Devices	E3	1	10	L/505/6378
Computer Security and Privacy	E3	1	10	L/505/8535
Introduction to Using the Internet for	E3	1	10	L/506/5307
Shopping				
Word Processing Software	E3	2	15	M/505/3229
Computer Basics	E3	1	10	R/505/1652
The Internet and World Wide Web	E3	1	10	T/505/8545
Using Email	E3	1	10	Y/505/3225
Audio and Video Software	E3	2	15	Y/505/6366
Performing Arts			!	
Basic Performance Skills	E3	3	30	D/505/1007
Physical Performance Skills	E3	3	30	Y/505/3595
Retail and Commercial Enterprises				
Introduction to Keeping the Work Area	E3	3	30	A/501/9522
Clean, Tidy and Safe in a Retail				
Environment				
Basic Cooking	E3	2	20	K/505/3181
Hairdressing: Introduction to Assisting a	E3	3	30	L/505/3187
Stylist				
Hand Care	E3	2	20	L/505/6106
Skin Care	E3	2	20	F/505/6135
Plan and Participate in Short Walks	E3	3	30	L/506/4481
Basic Food Preparation	E3	2	20	M/505/3182
Serving Food and Drink	E3	2	20	T/505/6133
Introduction to Looking after Customers in	E3	3	30	T/505/8402
a Retail Environment				
Hair Plaiting	E3	3	30	F/505/8595
Customer Service in the Hospitality	E3	1	10	T/505/3183
Industry				
Sport, Leisure and Recreation				
Indoor Team Games	E3	3	30	A/505/8644
Taking Part in Sport	E3	3	30	F/505/8600
Improving Own Fitness	E3	3	30	L/505/8549
Transport, Operations and Maintenance				

Motor Vehicle Workshop Tools and	E3	2	20	A/505/0107
Equipment				
Routine Vehicle Checks	E3	2	20	F/505/3221
Routine Wheel and Tyre Checks	E3	2	20	J/505/3222
Checking and Maintaining Fluid Levels on a	E3	1	10	L/505/0094
Car				
Washing a Car Exterior	E3	1	10	L/505/0418
Identification of Basic External and	E3	1	10	R/505/3188
Internal Car Parts				
Checking and Maintaining Car Tyre	E3	1	10	T/505/4401
Pressures and Tread				
Valeting a Car Interior	E3	1	10	T/505/8707
Clean and Prepare a Cycle for Use	E3	1	10	J/504/9574

Ascentis Entry 3 Certificate in Skills Towards Enabling Progression (Step Up)

Learners must achieve 15 credits overall. 3 credits must be achieved from Core Skills. Learners may achieve the remaining credits from any unit group. A maximum of 6 credits may be taken from the ICT units. A maximum of 6 credits can be taken at Level 1.

Maximum Credits: 15

Unit Group A: Core Skills			IVIC	aximum credits: 15
Title	Level	Credit Value	GLH	Unit ref
Issues of Substance Misuse	E3	1	10	A/504/8437
Skills for Shopping	E3	3	30	A/504/8695
Using Computers for Family Learning	E3	2	20	A/504/8857
Health and Safety Awareness	E3	1	10	A/504/9913
Drug and Alcohol Misuse Awareness	E3	3	30	A/505/8708
Grammar and Punctuation in Practical Use	E3	1	10	A/506/1768
College Induction	E3	3	30	D/504/8124
Understanding Family Relationships	E3	3	30	D/505/1279
Introduction to Developing Parenting Skills	E3	3	30	D/505/8569
Understanding How and Why to Support	E3	3	30	D/505/8572
Children in Family Learning				
Recognising Own Skills for Personal	E3	3	30	D/505/8958
Development				
Personal Budgeting and Managing Money	E3	3	30	D/506/5313
Engage in Discussion	E3	1	10	F/503/3048
Developing Skills for Gaining Employment	E3	3	30	F/504/8519
The Local Community	E3	1	10	F/505/3672
Introduction to Road Safety	E3	3	30	F/505/8712
Skills for Employability	E3	3	30	F/505/8788
Speaking to Communicate	E3	1	10	F/506/0671
Home and Personal Safety Awareness	E3	3	30	H/504/8433
Introduction to a Training Course	E3	3	30	H/504/8495
Recognise Trees and Plants and their	E3	2	20	H/504/9565
Importance to Wildlife				
Introduction to Understanding Sex and	E3	3	30	H/505/8573
Relationships				
Managing Social Relationships	E3	2	20	H/505/8623
Alcohol and Drug Misuse Awareness	E3	3	30	H/505/8783
Aspects of Citizenship	E3	3	30	J/504/8425
Time	E3	1	10	J/504/8716
Emotional Intelligence	E3	3	30	J/505/3737
Career Preparation	E3	1	10	J/505/3740
Introduction to Making and Using Story	E3	2	20	J/505/8548
Sacks for Family Learning				
Food Safety and Storage	E3	3	30	J/505/8646
Using a Personal Learning Programme	E3	3	30	J/505/8789

Making Choices in Pursuit of Personal	E3	3	30	J/506/0574
Goals				
Recognising Employment Opportunities	E3	1	10	K/504/8529
Planning for Personal Development	E3	1	10	K/505/3665
Young People, Law and Order	E3	3	30	K/505/3679
Employment Contracts and Payslips	E3	1	10	K/505/3746
Division of Whole Numbers	E3	1	10	K/505/4010
Understanding Self and Others	E3	3	30	K/506/0678
Work Experience	E3	3	30	L/504/8720
Accessing Public Transport	E3	3	30	L/504/9592
Money: Adding and Subtracting	E3	1	10	L/505/3089
Personal Study Skills	E3	3	30	L/505/3741
Preparation for Work Experience	E3	1	10	L/505/8583
Introduction to Customer Service Skills	E3	3	30	L/505/8597
Preparation for Production Skills	E3	3	30	M/505/3683
Data Handling: Extracting and Interpreting	E3	1	10	M/505/4008
Volunteering	E3	2	20	M/505/8592
Teamwork Skills	E3	2	20	R/505/5698
Introduction to Group and Teamwork	E3	3	30	R/505/8570
Communication Skills				
Living in the Community	E3	3	30	R/505/8598
Participating in a Vocational Taster	E3	2	20	R/506/5308
Diversity in Society	E3	3	30	T/504/8565
Data Handling: Recording and	E3	1	10	T/505/4009
Representing Data				
Developing and Applying Number Skills	E3	1	10	T/506/5317
Introduction to Food, Drink and Cooking	E3	3	30	Y/504/8509
Preparing for a Recruitment Interview	E3	2	20	Y/505/3743
Introduction to Assertiveness and Decision	E3	3	30	Y/505/8568
Making Skills				
Developing Skills for a Healthy Lifestyle	E3	3	30	Y/506/5312
Take Part in an Activity	E3	2	20	T/504/8713
Spelling and Handwriting Skills	E3	1	10	A/503/3159
Getting to Know Woodlands	E3	3	30	M/505/6468
Measure: Capacity and Temperature	E3	1	10	A/505/4013
Rights and Responsibilities of Citizenship	E3	3	30	L/505/3674
Spelling in Practice	E3	1	10	A/503/3162
Reading Key Personal Words	E3	1	10	K/503/3156
Writing Composition Skills	E3	1	10	T/506/1770
Using Punctuation	E3	1	10	F/503/3289
Grammar Skills	E3	1	10	A/503/3050
Personal Learning Goals	E3	3	30	A/505/8787
Reading Grammar and Punctuation	E3	1	10	H/503/3155
Undertaking an Enterprise Project	E3	6	60	F/504/8570
Groom a Small Animal	E3	2	20	D/505/0777
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Optional Units				
Animal Care				
Developing Confidence Working With	E3	3	30	R/504/9562
Animals				
Recognise Types and Parts of the Body of	E3	2	20	K/504/9566
Small Animals				
Assist with Catching and Restraining a	E3	2	20	K/505/8588
Small Animal				
Check that a Small Animal is Healthy	E3	2	20	L/504/9561
Administration				
Using the Telephone and Photocopier	E3	3	30	A/505/8790
Reception and Filing Skills	E3	3	30	H/505/3194
Building and Construction				
Health and Safety in Construction	E3	3	30	H/505/1381
Introduction to Carpentry and Joinery	E3	3	30	Y/505/3192
Crafts, Creative Arts and Design				
Needle/Textile Crafts	E3	3	30	D/505/5686
Basic Craft Skills	E3	3	30	H/505/5687
Using Mixed Media in 2D	E3	3	30	J/505/3608
Garment Making	E3	3	30	Y/505/3600
Child Development and Well Being				
Communication Between Children Aged 0-	E3	3	30	F/504/9606
3 Years and Adults				
Introduction to Preparing, Presenting and	E3	3	30	J/505/8713
Keeping Food for Children and Young				
People				
Introduction to Developing Skills for Caring	E3	3	30	M/505/8785
for your Child				
Introduction to Food and Nutrition for	E3	3	30	R/505/3210
Children and Young People				
Human Growth and Development	E3	3	30	R/505/3675
Environmental Conservation				
Environmental Sustainability	E3	1	10	J/505/8503
Horticulture and Forestry				
Developing an Awareness of Soil Types	E3	3	30	D/505/6451
and Garden Habitats				
Developing Skills for Using and	E3	3	30	D/505/6465
Maintaining Garden Tools				
Clearing and Weeding a Garden	E3	2	20	F/505/0397
Sowing and Growing Plants	E3	3	30	K/505/3195
Amenity Horticulture Skills	E3	3	30	K/505/8929
Introduction to Propagation of Plants	E3	3	30	Y/505/3211
Planting in a Container	E3	3	30	D/505/0407
Introduction to cultivating plant cuttings	E3	3	30	A/504/5330
Introduction to Garden Maintenance Skills	E3	3	30	T/505/8786

History				
Discover Local History	E3	3	30	A/505/3606
ICT for Users				
Presentation Software	E3	2	20	A/505/3217
Personal Digital Photograph Processing	E3	1	10	F/505/1677
Desktop Publishing Software	E3	2	15	F/505/3185
Data Management Software	E3	2	15	H/505/6368
Design and Imaging Software	E3	2	15	H/505/6371
Using Graphics Software	E3	1	10	J/504/8960
Digital Lifestyle	E3	2	20	K/505/1673
IT User Fundamentals	E3	2	20	K/505/3214
Spreadsheet Software	E3	2	15	L/505/3223
Using Mobile IT Devices	E3	1	10	L/505/6378
Computer Security and Privacy	E3	1	10	L/505/8535
Introduction to Using the Internet for	E3	1	10	L/506/5307
Shopping				
Word Processing Software	E3	2	15	M/505/3229
Computer Basics	E3	1	10	R/505/1652
The Internet and World Wide Web	E3	1	10	T/505/8545
Using Email	E3	1	10	Y/505/3225
Audio and Video Software	E3	2	15	Y/505/6366
Performing Arts				
Basic Performance Skills	E3	3	30	D/505/1007
Physical Performance Skills	E3	3	30	Y/505/3595
Retail and Commercial Enterprises				
Introduction to keeping the work area	E3	3	30	A/501/9522
clean, tidy and safe in a retail environment				
Basic Cooking	E3	2	20	K/505/3181
Hairdressing: Introduction to Assisting a	E3	3	30	L/505/3187
Stylist				
Plan and Participate in Short Walks	E3	3	30	L/506/4481
Basic Food Preparation	E3	2	20	M/505/3182
Serving Food and Drink	E3	2	20	T/505/6133
Introduction to Looking after Customers in	E3	3	30	T/505/8402
a Retail Environment				
Hair Plaiting	E3	3	30	F/505/8595
Customer Service in the Hospitality	E3	1	10	T/505/3183
Industry				
Sport, Leisure and Recreation				
Indoor Team Games	E3	3	30	A/505/8644
Taking Part in Sport	E3	3	30	F/505/8600
Improving Own Fitness	E3	3	30	L/505/8549
Transport, Operations and Maintenance				
Motor Vehicle Workshop Tools and	E3	2	20	A/505/0107
Equipment				

Routine Vehicle Checks	E3	2	20	F/505/3221
Routine Wheel and Tyre Checks	E3	2	20	J/505/3222
Checking and Maintaining Fluid Levels on a	E3	1	10	L/505/0094
Car				
Washing a Car Exterior	E3	1	10	L/505/0418
Identification of Basic External and	E3	1	10	R/505/3188
Internal Car Parts				
Checking and Maintaining Car Tyre	E3	1	10	T/505/4401
Pressures and Tread				
Valeting a Car Interior	E3	1	10	T/505/8707
Clean and Prepare a Cycle for Use	E3	1	10	J/504/9574
Level 1 Units				
Handling Data	1	2	18	A/503/3291
Preparing to be a Good Tenant and	1	1	9	A/504/1147
Neighbour				
Personal and Interpersonal Conflict	1	3	27	A/504/8826
Emotional Intelligence	1	3	27	A/505/4111
Numbers, Decimals, Fractions and	1	3	30	A/505/4867
Percentages				
Understanding Your Pay	1	3	27	A/505/5291
Developing Confidence and Self-Esteem	1	1	9	A/506/5318
Understanding and Using Percentages	1	2	18	D/503/3252
Writing for Meaning Skills	1	3	27	D/503/3302
Developing Personal Confidence and Self	1	3	27	D/504/8432
Awareness				
Improving Own Learning and Performance	1	2	16	D/504/9497
Family Relationships	1	3	27	D/505/1282
Personal Relationships	1	3	27	D/505/1539
Equality and Diversity	1	3	24	D/505/1959
Independent Skills for Living in the	1	3	27	D/505/3999
Community				
Interpersonal Skills	1	3	27	D/505/4067
Personal Learning Programme	1	3	27	D/505/4070
Job Seeking Skills	1	3	27	D/505/4103
Planning a Move into a New Home	1	1	9	D/505/4666
Improving Assertiveness and Decision	1	3	27	D/505/8555
Making				
Understanding Motivation	1	1	9	D/506/5327
Spelling Rules and Strategies in Practical	1	3	27	F/503/3163
Use				
Understanding Volume	1	1	9	F/503/3258
Using Calculations: Multiplication and	1	2	18	F/503/3356
Division of Whole Numbers				
Spelling Skills	1	3	27	F/503/3390

Home	/1151
nome	
Further Education Enrichment Activity 1 2 18 F/505	/4076
Understanding Work-Based Placements 1 1 9 F/505	/8645
Alcohol Awareness for the Individual 1 3 27 F/505	/8791
Understanding Diversity within Society 1 3 27 F/505	/8807
Understanding and Using 2D Shapes 1 1 9 H/503	/3169
Personal Learning Skills 1 6 54 H/505	/4071
Understanding Rights and Responsibilities 1 3 27 H/505	/4099
of Citizenship	
Personal Career Planning 1 3 27 H/505	/4104
Problem Solving in the Workplace 1 3 27 H/505	/8587
Approaches to Learning 1 1 9 H/505	/8718
Introduction to Drug Awareness for the 1 3 27 H/506	/1215
Individual	
Using Calculations: Addition and 1 1 9 J/503	/3259
Subtraction of Whole Numbers	
Understanding Perimeter and Area 1 1 9 J/503	/3276
Understand How to Apply for Housing 1 1 9 J/504	/1149
Understand How to Look After Personal 1 1 9 J/504	/1152
Health and Hygiene	
Communication in the Workplace 1 3 27 J/504	/7517
Sex and Relationships 1 3 24 J/504	/8196
Independent Shopping for Household 1 3 27 J/504	/8277
Items	
Health and Safety in a Practical 1 1 9 J/504	/9364
Environment	
Group and Teamwork Communication 1 2 18 J/505	/0451
Skills	
Understanding Own Response to Body 1 2 18 J/505	/1244
Image	
Making Choices in Pursuit of Personal 1 3 27 J/505	/4080
Goals	
Take Part in an Activity 1 1 9 J/505	/4337
Managing Own Relationship with Others 1 3 27 J/505	/8551
How the Body Works 1 2 18 J/505	/8615
Transforming Own Behaviour in Conflict 1 3 27 J/506	/5323
Data Calculations 1 1 9 K/503	/3044
Calculations using Fractions, Decimals and 1 3 24 K/505	/1947
Percentages	
Measures and Shape 1 3 24 K/505	/2063
Personal Development Skills 1 3 27 K/505	/4069
Personal Career Preparation 1 1 9 K/505	/4105
Health and Hygiene in the Home 1 3 27 K/505	/8557
Understanding Pay and Payslips 1 1 9 K/505	/8610

Understanding HE: Raising Aspirations	1	2	18	K/505/8719
Preparing for a Recruitment Interview	1	3	27	K/505/8722
Preparation for Work	1	3	27	K/505/8848
Calculation: Whole Numbers	1	3	27	K/505/9031
Young Parenthood	1	2	18	K/506/0728
Understanding Welfare at Work	1	3	30	K/618/6307
Punctuation and Grammar Skills	1	2	18	L/503/3392
Understanding Financial Products and	1	1	9	L/504/1153
Services				
Healthy Living	1	3	27	L/504/8264
Active Citizenship in the Local Community	1	1	9	L/504/8510
Time Management	1	3	27	L/504/8717
Improving Own Confidence	1	3	27	L/505/4078
Managing Your Own Learning	1	3	27	L/505/8552
Work, Review and Plan	1	3	27	L/505/8616
Carrying Out an Independent Research	1	3	27	L/505/8633
Project				
Understanding Personal Awareness	1	3	27	L/506/0673
Recognising Issues of Substance Misuse	1	1	9	M/505/1237
Research Project	1	3	16	M/505/2081
Skills for Independent Life	1	3	27	M/505/4073
Prepare for Interview	1	1	9	M/505/4106
Understanding what Volunteering is About	1	1	9	M/505/8611
Speaking and Listening Skills	1	3	27	M/505/8656
Understanding Welfare at Work	1	3	27	M/506/1993
Understanding Numbers	1	2	18	R/503/3166
Understanding and Using Decimals	1	2	18	R/503/3278
Developing Customer Service Skills	1	3	27	R/503/9226
Understanding and Using Shapes	1	3	27	R/503/9291
Personal Money Management	1	1	9	R/504/1154
Work Placement	1	3	27	R/504/8198
Induction to Study	1	3	27	R/504/8279
Aspects of Citizenship	1	3	27	R/504/8511
Presentation Skills	1	2	18	R/505/0453
Understanding Stress and Stress	1	3	27	R/505/1246
Management Techniques				
Understanding Young People, Law and	1	3	27	R/505/4101
Order				
Recognising Employment Opportunities	1	1	9	R/505/4342
Preparing for Interviews	1	1	9	R/505/5300
Personal Budgeting and Money	1	3	27	R/505/8567
Management				
Employment Rights, Contracts and Pay	1	3	27	R/505/8794
Measure: Time and Temperature	1	2	18	R/506/0920
Skills Used in Reading for Meaning	1	3	27	T/503/3158

Participating in a Vocational Taster	1	2	20	T/504/8632
Prejudice and Discrimination	1	3	27	T/504/8842
Building a Personal Career Portfolio	1	3	27	T/505/3989
Preparing for Work	1	3	27	T/505/4107
Undertaking an Enterprise Project	1	3	27	T/505/4446
Assertive Living	1	3	27	T/506/5320
Understanding and Using Fractions	1	2	18	Y/503/3170
Probability	1	1	9	Y/503/3282
Teamwork Skills	1	2	18	Y/504/9515
Personal Development	1	3	27	Y/506/0577
Understanding the Importance of a	1	1	9	Y/506/0613
Balanced Diet and Regular Exercise				
Personal Budgeting and Managing Money	1	3	27	Y/506/0787
Using Cooking Skills in the Domestic	1	3	27	Y/506/0790
Kitchen				
Developing Confidence Working With	1	3	27	J/506/0476
Animals				
Assist with Maintaining the Health and	1	6	54	L/505/0726
Wellbeing of Animals				
Principles of the Care of Animals	1	2	18	M/505/8575
Assist with Animal Accommodation	1	2	18	T/505/8612
Assist with Feedstuffs for Small Animals	1	2	18	H/505/3051
Assist with the Care of Animals	1	2	18	A/505/8613
Use and Maintain Woodworking Tools	1	3	27	A/505/8725
Health and Safety in Construction	1	3	30	D/505/1363
Wallpapering Skills	1	3	27	D/506/5330
Use of Tools and Equipment for Bricklaying	1	3	27	F/505/8614
Constructing a One Brick Wide Wall using	1	3	27	H/504/9629
Bricklaying Skills				
Using Floor and Wall Tiling Techniques	1	3	27	H/504/9646
Developing Plumbing Skills	1	4	36	H/505/8668
Carpentry Hand Skills	1	3	27	J/503/2659
Assemble Units for Interiors	1	1	10	J/505/8601
Using Painting Skills for Interior Ceilings	1	3	27	K/504/9647
and Walls				
Constructing a Cavity Wall Using	1	3	27	L/504/9625
Bricklaying Skills				
Decorative Paint Effects for Interior Walls	1	3	27	L/505/4114
Using Plastering Skills - Floating Coat to an	1	3	27	M/504/9648
Attached Pier				
Fitting Units for Interiors	1	1	10	M/505/0539
Plastering Techniques	1	3	27	R/504/9643
Introduction to Plastering Techniques	1	3	27	R/505/4969
Fix and Fit Work Surfaces	1	1	10	R/505/8603

Using Plastering Skills - Plastering to a Window Reveal	1	3	27	T/504/9649
Window Reveal				1,301,3013
Constructing a Half Brick Wall Using	1	3	27	Y/504/9627
Bricklaying Skills		_		
Preparing Ceilings and Walls for	1	3	27	Y/504/9644
Decoration				- /- 0 - / 0 0
Business Communication	1	3	27	F/505/4109
Understanding Time Management in the	1	2	18	R/505/8584
Workplace				D /505 /0700
Industrial Fabric Printing	1	6	54	R/505/8729
Using Craft Skills with Natural Materials	1	3	27	T/505/8609
Using Craft Activities with Children and	1	3	27	D/504/9614
Young People		_		
Developing Skills for Listening to Children	1	3	27	H/503/8193
The Physical and Psychological Needs of	1	3	27	K/505/1611
Children		_	_	
Caring for Your Baby	1	3	27	M/505/8933
Caring for Young Children	1	3	27	T/505/3054
Understanding Play	1	3	27	Y/504/9613
Understanding Ecology and Conservation	1	3	27	Y/505/6576
Sowing and Growing Techniques	1	3	27	H/505/8797
Organic Horticulture	1	3	27	L/505/0600
Cultivating Compost and Soils	1	3	27	L/506/1015
Cultivating Herbs	1	3	27	R/503/2714
Developing Skills in Garden Horticulture	1	3	27	T/504/2880
Understanding the Principles of Care,	1	3	27	J/505/8808
Organisational Policies and the Role of the				
Care Worker				
Understanding Nutrition, Performance and	1	3	27	R/505/3269
Healthy Eating				
Creative Writing Skills	1	3	27	M/505/4042
Technical Skills for Performance in the Arts	1	3	27	M/505/8723
Introduction to the Hospitality Industry	1	2	20	A/505/3198
Understanding Customer Service	1	3	27	A/506/1043
Preparing and Serving Drinks	1	3	27	D/505/8636
Customer Service in the Hospitality	1	3	20	F/505/3056
Industry				
Salon Reception Duties	1	3	22	H/504/9601
Food Service	1	2	18	J/505/3060
Basic Food Preparation and Cooking	1	3	30	K/505/3052
Using Kitchen Equipment	1	1	10	T/502/5075
Planning own Fitness Programme	1	4	30	D/504/8947
Take part in Exercise and Fitness	1	3	27	D/505/8801
The Angling Environment	1	3	27	D/506/4713
Using an Ordnance Survey Map	1	2	18	F/505/8631
Basic Food Preparation and Cooking Using Kitchen Equipment Planning own Fitness Programme Take part in Exercise and Fitness The Angling Environment	1 1 1 1	3 1 4 3	30 10 30 27	K/505/305 T/502/507 D/504/894 D/505/880 D/506/472

Planning a Trip to a Visitor Attraction	1	3	25	H/504/7993
Developing Angling Skills	1	3	27	J/505/8629
Participating in Leisure Activities	1	3	27	L/505/0659
Taking Part in Sport	1	3	27	R/505/1330
Checking and Maintaining a Car's Tyre	1	1	9	D/505/0603
Pressure and Tread				
Identification of Basic External and	1	3	27	H/505/0604
Internal Car Parts				
Tools, Equipment and Materials for	1	4	36	K/505/8669
Vehicle Maintenance				
Maintaining a Wheeled Vehicle for	1	2	18	M/504/8578
Personal Use				
Repair a Cycle Puncture	1	1	9	M/504/9584
Responsible Road Vehicle Ownership and	1	2	18	R/506/5325
Use				
Design Software	1	3	20	A/505/6389
IT Software Fundamentals	1	3	20	A/505/6392
Word Processing Software	1	3	20	D/505/6398
Video Software Skills	1	2	18	F/505/1730
Spreadsheet Software	1	3	20	F/505/3204
Using the Internet	1	3	20	H/505/3275
Using Email	1	2	15	L/505/3271
Multimedia Software Skills	1	3	27	M/505/1688
Presentation Software	1	3	20	M/505/3201
Desktop Publishing Software	1	3	20	R/505/3059
Imaging Software	1	3	20	R/505/3062
IT Communication Fundamentals	1	2	15	T/505/6391
Using Mobile IT Devices	1	2	15	Y/505/3273
Carry Out a Systematic Cycle Check	1	1	9	H/504/9582
Tools and Equipment for Garment Making	1	3	27	K/505/8803
Using Commercial Garment Patterns	1	3	27	K/506/5329
Garment Construction Skills: Making a	1	3	27	K/505/8560
Simple Top				

Ascentis Entry 3 Diploma in Skills Towards Enabling Progression (Step Up)

Learners must achieve 37 credits overall. 6 credits must be achieved from Core Skills. Learners may achieve the remaining credits from any unit group. A maximum of 6 credits may be taken from the ICT units. A maximum of 12 credits can be taken at Level 1.

Maximum Credits: 37

Unit Group A: Core Skills			TVIC	aximum credits: 37
Title	Level	Credit Value	GLH	Unit ref
Issues of Substance Misuse	E3	1	10	A/504/8437
Skills for Shopping	E3	3	30	A/504/8695
Using Computers for Family Learning	E3	2	20	A/504/8857
Health and Safety Awareness	E3	1	10	A/504/9913
Drug and Alcohol Misuse Awareness	E3	3	30	A/505/8708
Grammar and Punctuation in Practical Use	E3	1	10	A/506/1768
College Induction	E3	3	30	D/504/8124
Understanding Family Relationships	E3	3	30	D/505/1279
Introduction to Developing Parenting Skills	E3	3	30	D/505/8569
Understanding How and Why to Support	E3	3	30	D/505/8572
Children in Family Learning				
Recognising Own Skills for Personal	E3	3	30	D/505/8958
Development				
Personal Budgeting and Managing Money	E3	3	30	D/506/5313
Engage in Discussion	E3	1	10	F/503/3048
Developing Skills for Gaining Employment	E3	3	30	F/504/8519
The Local Community	E3	1	10	F/505/3672
Introduction to Road Safety	E3	3	30	F/505/8712
Skills for Employability	E3	3	30	F/505/8788
Speaking to Communicate	E3	1	10	F/506/0671
Home and Personal Safety Awareness	E3	3	30	H/504/8433
Introduction to a Training Course	E3	3	30	H/504/8495
Recognise Trees and Plants and their	E3	2	20	H/504/9565
Importance to Wildlife				
Introduction to Understanding Sex and	E3	3	30	H/505/8573
Relationships				
Managing Social Relationships	E3	2	20	H/505/8623
Alcohol and Drug Misuse Awareness	E3	3	30	H/505/8783
Aspects of Citizenship	E3	3	30	J/504/8425
Time	E3	1	10	J/504/8716
Emotional Intelligence	E3	3	30	J/505/3737
Career Preparation	E3	1	10	J/505/3740
Introduction to Making and Using Story	E3	2	20	J/505/8548
Sacks for Family Learning				
Food Safety and Storage	E3	3	30	J/505/8646
Using a Personal Learning Programme	E3	3	30	J/505/8789

Making Choices in Pursuit of Personal	E3	3	30	J/506/0574
Goals	F2	4	40	V/504/0530
Recognising Employment Opportunities	E3	1	10	K/504/8529
Planning for Personal Development	E3	1	10	K/505/3665
Young People, Law and Order	E3	3	30	K/505/3679
Employment Contracts and Payslips	E3	1	10	K/505/3746
Division of Whole Numbers	E3	1	10	K/505/4010
Understanding Self and Others	E3	3	30	K/506/0678
Work Experience	E3	3	30	L/504/8720
Accessing Public Transport	E3	3	30	L/504/9592
Money: Adding and Subtracting	E3	1	10	L/505/3089
Personal Study Skills	E3	3	30	L/505/3741
Preparation for Work Experience	E3	1	10	L/505/8583
Introduction to Customer Service Skills	E3	3	30	L/505/8597
Preparation for Production Skills	E3	3	30	M/505/3683
Data Handling: Extracting and Interpreting	E3	1	10	M/505/4008
Volunteering	E3	2	20	M/505/8592
Teamwork Skills	E3	2	20	R/505/5698
Introduction to Group and Teamwork	E3	3	30	R/505/8570
Communication Skills				
Living in the Community	E3	3	30	R/505/8598
Participating in a Vocational Taster	E3	2	20	R/506/5308
Diversity in Society	E3	3	30	T/504/8565
Data Handling: Recording and	E3	1	10	T/505/4009
Representing Data				
Developing and Applying Number Skills	E3	1	10	T/506/5317
Introduction to Food, Drink and Cooking	E3	3	30	Y/504/8509
Preparing for a Recruitment Interview	E3	2	20	Y/505/3743
Introduction to Assertiveness and Decision	E3	3	30	Y/505/8568
Making Skills				
Developing Skills for a Healthy Lifestyle	E3	3	30	Y/506/5312
Take Part in an Activity	E3	2	20	T/504/8713
Spelling and Handwriting Skills	E3	1	10	A/503/3159
Getting to Know Woodlands	E3	3	30	M/505/6468
Measure: Capacity and Temperature	E3	1	10	A/505/4013
Rights and Responsibilities of Citizenship	E3	3	30	L/505/3674
Spelling in Practice	E3	1	10	A/503/3162
Reading Key Personal Words	E3	1	10	K/503/3156
Writing Composition Skills	E3	1	10	T/506/1770
Using Punctuation	E3	1	10	F/503/3289
Grammar Skills	E3	1	10	A/503/3050
Personal Learning Goals	E3	3	30	A/505/8787
Reading Grammar and Punctuation	E3	1	10	H/503/3155
Undertaking an Enterprise Project	E3	6	60	F/504/8570
Groom a Small Animal	E3	2	20	D/505/0777

Optional Units				
Animal Care				
Developing Confidence Working With	E3	3	30	R/504/9562
Animals				
Recognise Types and Parts of the Body of	E3	2	20	K/504/9566
Small Animals				
Assist with Catching and Restraining a	E3	2	20	K/505/8588
Small Animal				
Check that a Small Animal is Healthy	E3	2	20	L/504/9561
Administration				
Using the Telephone and Photocopier	E3	3	30	A/505/8790
Reception and Filing Skills	E3	3	30	H/505/3194
Building and Construction				
Health and Safety in Construction	E3	3	30	H/505/1381
Introduction to Carpentry and Joinery	E3	3	30	Y/505/3192
Crafts, Creative Arts and Design				
Needle/Textile Crafts	E3	3	30	D/505/5686
Basic Craft Skills	E3	3	30	H/505/5687
Using Mixed Media in 2D	E3	3	30	J/505/3608
Garment Making	E3	3	30	Y/505/3600
Child Development and Well Being				
Communication Between Children Aged 0-	E3	3	30	F/504/9606
3 Years and Adults				
Introduction to Preparing, Presenting and	E3	3	30	J/505/8713
Keeping Food for Children and Young				
People				
Introduction to Developing Skills for Caring	E3	3	30	M/505/8785
for your Child				
Introduction to Food and Nutrition for	E3	3	30	R/505/3210
Children and Young People				
Human Growth and Development	E3	3	30	R/505/3675
Environmental Conservation				
Environmental Sustainability	E3	1	10	J/505/8503
Horticulture and Forestry				
Developing an Awareness of Soil Types	E3	3	30	D/505/6451
and Garden Habitats				
Developing Skills for Using and	E3	3	30	D/505/6465
Maintaining Garden Tools				
Clearing and Weeding a Garden	E3	2	20	F/505/0397
Sowing and Growing Plants	E3	3	30	K/505/3195
Amenity Horticulture Skills	E3	3	30	K/505/8929
Introduction to Propagation of Plants	E3	3	30	Y/505/3211
Planting in a Container	E3	3	30	D/505/0407
Introduction to cultivating plant cuttings	E3	3	30	A/504/5330
Introduction to Garden Maintenance Skills	E3	3	30	T/505/8786

History				
Discover Local History	E3	3	30	A/505/3606
ICT for Users		<u>'</u>		
Presentation Software	E3	2	20	A/505/3217
Personal Digital Photograph Processing	E3	1	10	F/505/1677
Desktop Publishing Software	E3	2	15	F/505/3185
Data Management Software	E3	2	15	H/505/6368
Design and Imaging Software	E3	2	15	H/505/6371
Using Graphics Software	E3	1	10	J/504/8960
Digital Lifestyle	E3	2	20	K/505/1673
IT User Fundamentals	E3	2	20	K/505/3214
Spreadsheet Software	E3	2	15	L/505/3223
Using Mobile IT Devices	E3	1	10	L/505/6378
Computer Security and Privacy	E3	1	10	L/505/8535
Introduction to Using the Internet for	E3	1	10	L/506/5307
Shopping				
Word Processing Software	E3	2	15	M/505/3229
Computer Basics	E3	1	10	R/505/1652
The Internet and World Wide Web	E3	1	10	T/505/8545
Using Email	E3	1	10	Y/505/3225
Audio and Video Software	E3	2	15	Y/505/6366
Performing Arts				
Basic Performance Skills	E3	3	30	D/505/1007
Physical Performance Skills	E3	3	30	Y/505/3595
Retail and Commercial Enterprises				
Introduction to keeping the work area	E3	3	30	A/501/9522
clean, tidy and safe in a retail environment				
Basic Cooking	E3	2	20	K/505/3181
Hairdressing: Introduction to Assisting a	E3	3	30	L/505/3187
Stylist				
Plan and Participate in Short Walks	E3	3	30	L/506/4481
Basic Food Preparation	E3	2	20	M/505/3182
Serving Food and Drink	E3	2	20	T/505/6133
Introduction to Looking after Customers in	E3	3	30	T/505/8402
a Retail Environment				
Hair Plaiting	E3	3	30	F/505/8595
Customer Service in the Hospitality	E3	1	10	T/505/3183
Industry				
Sport, Leisure and Recreation				
Indoor Team Games	E3	3	30	A/505/8644
Taking Part in Sport	E3	3	30	F/505/8600
Improving Own Fitness	E3	3	30	L/505/8549
Transport, Operations and Maintenance				
Motor Vehicle Workshop Tools and	E3	2	20	A/505/0107
Equipment				

Routine Vehicle Checks	E3	2	20	F/505/3221
Routine Wheel and Tyre Checks	E3	2	20	J/505/3222
Checking and Maintaining Fluid Levels on a	E3	1	10	L/505/0094
Car				
Washing a Car Exterior	E3	1	10	L/505/0418
Identification of Basic External and	E3	1	10	R/505/3188
Internal Car Parts				
Checking and Maintaining Car Tyre	E3	1	10	T/505/4401
Pressures and Tread				
Valeting a Car Interior	E3	1	10	T/505/8707
Clean and Prepare a Cycle for Use	E3	1	10	J/504/9574
Level 1 Units				
Handling Data	1	2	18	A/503/3291
Preparing to be a good tenant and	1	1	9	A/504/1147
neighbour				
Personal and Interpersonal Conflict	1	3	27	A/504/8826
Emotional Intelligence	1	3	27	A/505/4111
Numbers, Decimals, Fractions and	1	3	30	A/505/4867
Percentages				
Understanding Your Pay	1	3	27	A/505/5291
Developing Confidence and Self-Esteem	1	1	9	A/506/5318
Understanding and Using Percentages	1	2	18	D/503/3252
Writing for Meaning Skills	1	3	27	D/503/3302
Developing Personal Confidence and Self	1	3	27	D/504/8432
Awareness				
Improving own learning and performance	1	2	16	D/504/9497
Family Relationships	1	3	27	D/505/1282
Personal Relationships	1	3	27	D/505/1539
Equality and Diversity	1	3	24	D/505/1959
Independent Skills for Living in the	1	3	27	D/505/3999
Community				
Interpersonal Skills	1	3	27	D/505/4067
Personal Learning Programme	1	3	27	D/505/4070
Job Seeking Skills	1	3	27	D/505/4103
Planning a move into a new home	1	1	9	D/505/4666
Improving Assertiveness and Decision	1	3	27	D/505/8555
Making				
Understanding Motivation	1	1	9	D/506/5327
Spelling Rules and Strategies in Practical	1	3	27	F/503/3163
Use				
Understanding Volume	1	1	9	F/503/3258
Using Calculations: Multiplication and	1	2	18	F/503/3356
Division of Whole Numbers				
Spelling Skills	1	3	27	F/503/3390
Understand how to look after a new home	1	1	9	F/504/1151

Further Education Enrichment Activity	1	2	18	F/505/4076
Understanding Work-Based Placements	1	1	9	F/505/8645
Alcohol Awareness for the Individual	1	3	27	F/505/8791
Understanding Diversity within Society	1	3	27	F/505/8807
Understanding and Using 2D Shapes	1	1	9	H/503/3169
Personal Learning Skills	1	6	54	H/505/4071
Understanding Rights and Responsibilities	1	3	27	H/505/4099
of Citizenship				, ,
Personal Career Planning	1	3	27	H/505/4104
Problem Solving in the Workplace	1	3	27	H/505/8587
Approaches to Learning	1	1	9	H/505/8718
Introduction to Drug Awareness for the	1	3	27	H/506/1215
Individual				
Using Calculations: Addition and	1	1	9	J/503/3259
Subtraction of Whole Numbers				
Understanding Perimeter and Area	1	1	9	J/503/3276
Understand how to apply for housing	1	1	9	J/504/1149
Understand how to look after personal	1	1	9	J/504/1152
health and hygiene				
Communication in the Workplace	1	3	27	J/504/7517
Sex and Relationships	1	3	24	J/504/8196
Independent Shopping for Household	1	3	27	J/504/8277
Items				
Health and Safety in a Practical	1	1	9	J/504/9364
Environment				
Group and Teamwork Communication	1	2	18	J/505/0451
Skills				
Understanding Own Response to Body	1	2	18	J/505/1244
Image				
Making Choices in Pursuit of Personal	1	3	27	J/505/4080
Goals				
Take Part in an Activity	1	1	9	J/505/4337
Managing Own Relationship with Others	1	3	27	J/505/8551
How the Body Works	1	2	18	J/505/8615
Transforming Own Behaviour in Conflict	1	3	27	J/506/5323
Data Calculations	1	1	9	K/503/3044
Calculations using Fractions, Decimals and	1	3	24	K/505/1947
Percentages				
Measures and Shape	1	3	24	K/505/2063
Personal Development Skills	1	3	27	K/505/4069
Personal Career Preparation	1	1	9	K/505/4105
Health and Hygiene in the Home	1	3	27	K/505/8557
Understanding Pay and Payslips	1	1	9	K/505/8610
Understanding HE: Raising Aspirations	1	2	18	K/505/8719
Preparing for a Recruitment Interview	1	3	27	K/505/8722

Preparation for Work	1	3	27	K/505/8848
Calculation: Whole Numbers	1	3	27	K/505/9031
Young Parenthood	1	2	18	K/506/0728
Understanding Welfare at Work	1	3	30	K/618/6307
Punctuation and Grammar Skills	1	2	18	L/503/3392
Understanding financial products and	1	1	9	L/504/1153
services				
Healthy Living	1	3	27	L/504/8264
Active Citizenship in the Local Community	1	1	9	L/504/8510
Time Management	1	3	27	L/504/8717
Improving Own Confidence	1	3	27	L/505/4078
Managing Your Own Learning	1	3	27	L/505/8552
Work, Review and Plan	1	3	27	L/505/8616
Carrying Out an Independent Research	1	3	27	L/505/8633
Project				, ,
Understanding Personal Awareness	1	3	27	L/506/0673
Recognising Issues of Substance Misuse	1	1	9	M/505/1237
Research Project	1	3	16	M/505/2081
Skills for Independent Life	1	3	27	M/505/4073
Prepare for Interview	1	1	9	M/505/4106
Understanding what Volunteering is About	1	1	9	M/505/8611
Speaking and Listening Skills	1	3	27	M/505/8656
Understanding Welfare at Work	1	3	27	M/506/1993
Understanding Numbers	1	2	18	R/503/3166
Understanding and Using Decimals	1	2	18	R/503/3278
Developing Customer Service Skills	1	3	27	R/503/9226
Understanding and Using Shapes	1	3	27	R/503/9291
Personal Money Management	1	1	9	R/504/1154
Work Placement	1	3	27	R/504/8198
Induction to Study	1	3	27	R/504/8279
Aspects of Citizenship	1	3	27	R/504/8511
Presentation Skills	1	2	18	R/505/0453
Understanding Stress and Stress	1	3	27	R/505/1246
Management Techniques				, ,
Understanding Young People, Law and	1	3	27	R/505/4101
Order				, ,
Recognising Employment Opportunities	1	1	9	R/505/4342
Preparing for Interviews	1	1	9	R/505/5300
Personal Budgeting and Money	1	3	27	R/505/8567
Management				, , , , , , , , , , , , , , , , , , , ,
Employment Rights, Contracts and Pay	1	3	27	R/505/8794
Measure: Time and Temperature	1	2	18	R/506/0920
Skills Used in Reading for Meaning	1	3	27	T/503/3158
Participating in a Vocational Taster	1	2	20	T/504/8632
Prejudice and Discrimination	1	3	27	T/504/8842

Building a Personal Career Portfolio	1	3	27	T/505/3989
Preparing for Work	1	3	27	T/505/4107
Undertaking an Enterprise Project	1	3	27	T/505/4446
Assertive Living	1	3	27	T/506/5320
Understanding and Using Fractions	1	2	18	Y/503/3170
Probability	1	1	9	Y/503/3282
Teamwork Skills	1	2	18	Y/504/9515
Personal Development	1	3	27	Y/506/0577
Understanding the Importance of a	1	1	9	Y/506/0613
Balanced Diet and Regular Exercise				
Personal Budgeting and Managing Money	1	3	27	Y/506/0787
Using Cooking Skills in the Domestic	1	3	27	Y/506/0790
Kitchen				
Developing Confidence Working With	1	3	27	J/506/0476
Animals				
Assist with Maintaining the Health and	1	6	54	L/505/0726
Wellbeing of Animals				
Principles of the Care of Animals	1	2	18	M/505/8575
Assist with Animal Accommodation	1	2	18	T/505/8612
Assist with Feedstuffs for Small Animals	1	2	18	H/505/3051
Assist with the Care of Animals	1	2	18	A/505/8613
Use and Maintain Woodworking Tools	1	3	27	A/505/8725
Health and Safety in Construction	1	3	30	D/505/1363
Wallpapering Skills	1	3	27	D/506/5330
Use of Tools and Equipment for Bricklaying	1	3	27	F/505/8614
Constructing a One Brick Wide Wall using	1	3	27	H/504/9629
Bricklaying Skills				
Using Floor and Wall Tiling Techniques	1	3	27	H/504/9646
Developing Plumbing Skills	1	4	36	H/505/8668
Carpentry Hand Skills	1	3	27	J/503/2659
Assemble Units for Interiors	1	1	10	J/505/8601
Using Painting Skills for Interior Ceilings	1	3	27	K/504/9647
and Walls				
Constructing a Cavity Wall Using	1	3	27	L/504/9625
Bricklaying Skills				
Decorative Paint Effects for Interior Walls	1	3	27	L/505/4114
Using Plastering Skills - Floating Coat to an	1	3	27	M/504/9648
Attached Pier				
Fitting Units for Interiors	1	1	10	M/505/0539
Plastering Techniques	1	3	27	R/504/9643
Introduction to Plastering Techniques	1	3	27	R/505/4969
Fix and Fit Work Surfaces	1	1	10	R/505/8603
Using Plastering Skills - Plastering to a	1	3	27	T/504/9649
Window Reveal				

Constructing a Half Brick Wall Using	1	3	27	Y/504/9627
Bricklaying Skills				
Preparing Ceilings and Walls for	1	3	27	Y/504/9644
Decoration				
Business Communication	1	3	27	F/505/4109
Understanding Time Management in the	1	2	18	R/505/8584
Workplace				
Industrial Fabric Printing	1	6	54	R/505/8729
Using Craft Skills with Natural Materials	1	3	27	T/505/8609
Using Craft Activities with Children and	1	3	27	D/504/9614
Young People				
Developing Skills for Listening to Children	1	3	27	H/503/8193
The Physical and Psychological Needs of	1	3	27	K/505/1611
Children				
Caring for Your Baby	1	3	27	M/505/8933
Caring for Young Children	1	3	27	T/505/3054
Understanding Play	1	3	27	Y/504/9613
Understanding Ecology and Conservation	1	3	27	Y/505/6576
Sowing and Growing Techniques	1	3	27	H/505/8797
Organic Horticulture	1	3	27	L/505/0600
Cultivating Compost and Soils	1	3	27	L/506/1015
Cultivating Herbs	1	3	27	R/503/2714
Developing Skills in Garden Horticulture	1	3	27	T/504/2880
Understanding the Principles of Care,	1	3	27	J/505/8808
Organisational Policies and the Role of the				
Care Worker				
Understanding Nutrition, Performance and	1	3	27	R/505/3269
Healthy Eating				
Creative Writing Skills	1	3	27	M/505/4042
Technical Skills for Performance in the Arts	1	3	27	M/505/8723
Introduction to the Hospitality Industry	1	2	20	A/505/3198
Understanding Customer Service	1	3	27	A/506/1043
Preparing and Serving Drinks	1	3	27	D/505/8636
Customer Service in the Hospitality	1	3	20	F/505/3056
Industry				
Salon Reception Duties	1	3	22	H/504/9601
Food Service	1	2	18	J/505/3060
Basic Food Preparation and Cooking	1	3	30	K/505/3052
Using Kitchen Equipment	1	1	10	T/502/5075
Planning own Fitness Programme	1	4	30	D/504/8947
Take part in Exercise and Fitness	1	3	27	D/505/8801
The Angling Environment	1	3	27	D/506/4713
Using an Ordnance Survey Map	1	2	18	F/505/8631
Planning a Trip to a Visitor Attraction	1	3	25	H/504/7993
Developing Angling Skills	1	3	27	J/505/8629
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Participating in Leisure Activities	1	3	27	L/505/0659
Taking Part in Sport	1	3	27	R/505/1330
Checking and Maintaining a Car's Tyre	1	1	9	D/505/0603
Pressure and Tread				
Identification of Basic External and	1	3	27	H/505/0604
Internal Car Parts				
Tools, Equipment and Materials for	1	4	36	K/505/8669
Vehicle Maintenance				
Maintaining a Wheeled Vehicle for	1	2	18	M/504/8578
Personal Use				
Repair a Cycle Puncture	1	1	9	M/504/9584
Responsible Road Vehicle Ownership and	1	2	18	R/506/5325
Use				
Design Software	1	3	20	A/505/6389
IT Software Fundamentals	1	3	20	A/505/6392
Word Processing Software	1	3	20	D/505/6398
Video Software Skills	1	2	18	F/505/1730
Spreadsheet Software	1	3	20	F/505/3204
Using the Internet	1	3	20	H/505/3275
Using Email	1	2	15	L/505/3271
Multimedia Software Skills	1	3	27	M/505/1688
Presentation Software	1	3	20	M/505/3201
Desktop Publishing Software	1	3	20	R/505/3059
Imaging Software	1	3	20	R/505/3062
IT Communication Fundamentals	1	2	15	T/505/6391
Using Mobile IT Devices	1	2	15	Y/505/3273
Carry Out a Systematic Cycle Check	1	1	9	H/504/9582
Tools and Equipment for Garment Making	1	3	27	K/505/8803
Using Commercial Garment Patterns	1	3	27	K/506/5329
Garment Construction Skills: Making a	1	3	27	K/505/8560
Simple Top				

Ascentis Level 1 Award in Skills Towards Enabling Progression (Step Up)

Learners must achieve 6 credits from any group. A maximum of 3 credits may be taken from the ICT units.

Maximum credits: 6

Core Skills				laximum credits. 6
Title	Level	Credit Value	GLH	Unit ref
Handling Data	1	2	18	A/503/3291
Preparing to be a good tenant and	1	1	9	A/504/1147
neighbour				
Personal and Interpersonal Conflict	1	3	27	A/504/8826
Emotional Intelligence	1	3	27	A/505/4111
Numbers, Decimals, Fractions and	1	3	30	A/505/4867
Percentages				
Understanding Your Pay	1	3	27	A/505/5291
Developing Confidence and Self-Esteem	1	1	9	A/506/5318
Understanding and Using Percentages	1	2	18	D/503/3252
Writing for Meaning Skills	1	3	27	D/503/3302
Developing Personal Confidence and Self	1	3	27	D/504/8432
Awareness				
Improving own learning and performance	1	2	16	D/504/9497
Family Relationships	1	3	27	D/505/1282
Personal Relationships	1	3	27	D/505/1539
Equality and Diversity	1	3	24	D/505/1959
Independent Skills for Living in the	1	3	27	D/505/3999
Community				
Interpersonal Skills	1	3	27	D/505/4067
Personal Learning Programme	1	3	27	D/505/4070
Job Seeking Skills	1	3	27	D/505/4103
Planning a move into a new home	1	1	9	D/505/4666
Improving Assertiveness and Decision	1	3	27	D/505/8555
Making				
Understanding Motivation	1	1	9	D/506/5327
Spelling Rules and Strategies in Practical	1	3	27	F/503/3163
Use				
Understanding Volume	1	1	9	F/503/3258
Using Calculations: Multiplication and	1	2	18	F/503/3356
Division of Whole Numbers				
Spelling Skills	1	3	27	F/503/3390
Understand how to look after a new home	1	1	9	F/504/1151
Further Education Enrichment Activity	1	2	18	F/505/4076
Understanding Work-Based Placements	1	1	9	F/505/8645
Alcohol Awareness for the Individual	1	3	27	F/505/8791
Understanding Diversity within Society	1	3	27	F/505/8807
Understanding and Using 2D Shapes	1	1	9	H/503/3169
Personal Learning Skills	1	6	54	H/505/4071

Literate control of the District of District of States		2	27	11/505/4000
Understanding Rights and Responsibilities	1	3	27	H/505/4099
of Citizenship	4	2	27	11/505/4404
Personal Career Planning	1	3	27	H/505/4104
Problem Solving in the Workplace	1	3	27	H/505/8587
Approaches to Learning	1	1	9	H/505/8718
Introduction to Drug Awareness for the	1	3	27	H/506/1215
Individual				1/502/2250
Using Calculations: Addition and	1	1	9	J/503/3259
Subtraction of Whole Numbers	4	4		1/502/2276
Understanding Perimeter and Area	1	1	9	J/503/3276
Understand how to apply for housing	1	1	9	J/504/1149
Understand how to look after personal	1	1	9	J/504/1152
health and hygiene			07	. /= 0 . /== 1 =
Communication in the Workplace	1	3	27	J/504/7517
Sex and Relationships	1	3	24	J/504/8196
Independent Shopping for Household	1	3	27	J/504/8277
Items				
Health and Safety in a Practical	1	1	9	J/504/9364
Environment				
Group and Teamwork Communication	1	2	18	J/505/0451
Skills				
Understanding Own Response to Body	1	2	18	J/505/1244
Image				
Making Choices in Pursuit of Personal Goals	1	3	27	J/505/4080
Take Part in an Activity	1	1	9	J/505/4337
Managing Own Relationship with Others	1	3	27	J/505/8551
How the Body Works	1	2	18	J/505/8615
Transforming Own Behaviour in Conflict	1	3	27	J/506/5323
Data Calculations	1	1	9	K/503/3044
Calculations using Fractions, Decimals and	1	3	24	K/505/1947
Percentages				
Measures and Shape	1	3	24	K/505/2063
Personal Development Skills	1	3	27	K/505/4069
Personal Career Preparation	1	1	9	K/505/4105
Health and Hygiene in the Home	1	3	27	K/505/8557
Understanding Pay and Payslips	1	1	9	K/505/8610
Understanding HE: Raising Aspirations	1	2	18	K/505/8719
Preparing for a Recruitment Interview	1	3	27	K/505/8722
Preparation for Work	1	3	27	K/505/8848
Calculation: Whole Numbers	1	3	27	K/505/9031
Young Parenthood	1	2	18	K/506/0728
Understanding Welfare at Work	1	3	30	K/618/6307
Punctuation and Grammar Skills	1	2	18	L/503/3392
Understanding financial products and	1	1	9	L/504/1153
services				
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Healthy Living	1	3	27	L/504/8264
Active Citizenship in the Local Community	1	1	9	L/504/8510
Time Management	1	3	27	L/504/8717
Improving Own Confidence	1	3	27	L/505/4078
Managing Your Own Learning	1	3	27	L/505/8552
Work, Review and Plan	1	3	27	L/505/8616
Carrying Out an Independent Research	1	3	27	L/505/8633
Project				
Understanding Personal Awareness	1	3	27	L/506/0673
Recognising Issues of Substance Misuse	1	1	9	M/505/1237
Research Project	1	3	16	M/505/2081
Skills for Independent Life	1	3	27	M/505/4073
Prepare for Interview	1	1	9	M/505/4106
Understanding what Volunteering is About	1	1	9	M/505/8611
Speaking and Listening Skills	1	3	27	M/505/8656
Understanding Welfare at Work	1	3	27	M/506/1993
Understanding Numbers	1	2	18	R/503/3166
Understanding and Using Decimals	1	2	18	R/503/3278
Developing Customer Service Skills	1	3	27	R/503/9226
Understanding and Using Shapes	1	3	27	R/503/9291
Personal Money Management	1	1	9	R/504/1154
Work Placement	1	3	27	R/504/8198
Induction to Study	1	3	27	R/504/8279
Aspects of Citizenship	1	3	27	R/504/8511
Presentation Skills	1	2	18	R/505/0453
Understanding Stress and Stress	1	3	27	R/505/1246
Management Techniques				
Understanding Young People, Law and	1	3	27	R/505/4101
Order				
Recognising Employment Opportunities	1	1	9	R/505/4342
Preparing for Interviews	1	1	9	R/505/5300
Personal Budgeting and Money	1	3	27	R/505/8567
Management				
Employment Rights, Contracts and Pay	1	3	27	R/505/8794
Measure: Time and Temperature	1	2	18	R/506/0920
Skills Used in Reading for Meaning	1	3	27	T/503/3158
Participating in a Vocational Taster	1	2	20	T/504/8632
Prejudice and Discrimination	1	3	27	T/504/8842
Building a Personal Career Portfolio	1	3	27	T/505/3989
Preparing for Work	1	3	27	T/505/4107
Undertaking an Enterprise Project	1	3	27	T/505/4446
Assertive Living	1	3	27	T/506/5320
Understanding and Using Fractions	1	2	18	Y/503/3170
Probability	1	1	9	Y/503/3282
Teamwork Skills	1	2	18	Y/504/9515
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Personal Development	1	3	27	Y/506/0577
Understanding the Importance of a	1	1	9	Y/506/0613
Balanced Diet and Regular Exercise				
Personal Budgeting and Managing Money	1	3	27	Y/506/0787
Using Cooking Skills in the Domestic	1	3	27	Y/506/0790
Kitchen				
College Induction	1	3	27	H/503/3043
Principles of Dealing with Animal	1	2	18	A/505/8627
Accommodation				
Work Experience	1	3	27	T/505/8724
Agriculture and Animal Care				
Developing Confidence Working With	1	3	27	J/506/0476
Animals				
Assist with Maintaining the Health and	1	6	54	L/505/0726
Wellbeing of Animals				
Principles of the Care of Animals	1	2	18	M/505/8575
Assist with Animal Accommodation	1	2	18	T/505/8612
Assist with Feedstuffs for Small Animals	1	2	18	H/505/3051
Assist with the Care of Animals	1	2	18	A/505/8613
Building and Construction				
Use and Maintain Woodworking Tools	1	3	27	A/505/8725
Health and Safety in Construction	1	3	30	D/505/1363
Wallpapering Skills	1	3	27	D/506/5330
Use of Tools and Equipment for Bricklaying	1	3	27	F/505/8614
Constructing a One Brick Wide Wall using	1	3	27	H/504/9629
Bricklaying Skills				
Using Floor and Wall Tiling Techniques	1	3	27	H/504/9646
Developing Plumbing Skills	1	4	36	H/505/8668
Carpentry Hand Skills	1	3	27	J/503/2659
Assemble Units for Interiors	1	1	10	J/505/8601
Using Painting Skills for Interior Ceilings	1	3	27	K/504/9647
and Walls				
Constructing a Cavity Wall Using Bricklaying	1	3	27	L/504/9625
Skills				
Decorative Paint Effects for Interior Walls	1	3	27	L/505/4114
Using Plastering Skills - Floating Coat to an	1	3	27	M/504/9648
Attached Pier				
Fitting Units for Interiors	1	1	10	M/505/0539
Plastering Techniques	1	3	27	R/504/9643
Introduction to Plastering Techniques	1	3	27	R/505/4969
Fix and Fit Work Surfaces	1	1	10	R/505/8603
Using Plastering Skills - Plastering to a	1	3	27	T/504/9649
Window Reveal				
Constructing a Half Brick Wall Using	1	3	27	Y/504/9627
Bricklaying Skills				

Preparing Ceilings and Walls for Decoration	1	3	27	Y/504/9644
Business Management	-		_,	.,20.,3011
Business Communication	1	3	27	F/505/4109
Understanding Time Management in the	1	2	18	R/505/8584
Workplace		_	10	11,303,0301
Crafts, Creative Arts and Design				
Industrial Fabric Printing	1	6	54	R/505/8729
Using Craft Skills with Natural Materials	1	3	27	T/505/8609
Tools and Equipment for Garment Making	1	3	27	K/505/8803
Using Commercial Garment Patterns	1	3	27	K/506/5329
Garment Construction Skills: Making a	1	3	27	K/505/8560
Simple Top	_			1,7000,70000
Child Development and Well Being				
Using Craft Activities with Children and	1	3	27	D/504/9614
Young People	_			2/30 1/3011
Developing Skills for Listening to Children	1	3	27	H/503/8193
The Physical and Psychological Needs of	1	3	27	K/505/1611
Children	_			1,000,000
Caring for Your Baby	1	3	27	M/505/8933
Caring for Young Children	1	3	27	T/505/3054
Understanding Play	1	3	27	Y/504/9613
Environmental Conservation				, ,
Understanding Ecology and Conservation	1	3	27	Y/505/6576
Horticulture and Forestry				
Sowing and Growing Techniques	1	3	27	H/505/8797
Organic Horticulture	1	3	27	L/505/0600
Cultivating Compost and Soils	1	3	27	L/506/1015
Cultivating Herbs	1	3	27	R/503/2714
Developing Skills in Garden Horticulture	1	3	27	T/504/2880
Health and Social Care				
Understanding the Principles of Care,				
onacistanding the rinciples of Care,	1	3	27	J/505/8808
Organisational Policies and the Role of the	1	3	27	J/505/8808
	1	3	27	J/505/8808
Organisational Policies and the Role of the	1	3	27	J/505/8808 R/505/3269
Organisational Policies and the Role of the Care Worker				
Organisational Policies and the Role of the Care Worker Understanding Nutrition, Performance and				
Organisational Policies and the Role of the Care Worker Understanding Nutrition, Performance and Healthy Eating	1	3	27	R/505/3269
Organisational Policies and the Role of the Care Worker Understanding Nutrition, Performance and Healthy Eating Introduction to Care Work	1	3	27	R/505/3269
Organisational Policies and the Role of the Care Worker Understanding Nutrition, Performance and Healthy Eating Introduction to Care Work Performing Arts	1	2	27 10	R/505/3269 M/504/6524
Organisational Policies and the Role of the Care Worker Understanding Nutrition, Performance and Healthy Eating Introduction to Care Work Performing Arts Creative Writing Skills	1 1 1	3 2 3	27 10 27	R/505/3269 M/504/6524 M/505/4042
Organisational Policies and the Role of the Care Worker Understanding Nutrition, Performance and Healthy Eating Introduction to Care Work Performing Arts Creative Writing Skills Technical Skills for Performance in the Arts	1 1 1 1	3 2 3 3 3	27 10 27 27	R/505/3269 M/504/6524 M/505/4042 M/505/8723
Organisational Policies and the Role of the Care Worker Understanding Nutrition, Performance and Healthy Eating Introduction to Care Work Performing Arts Creative Writing Skills Technical Skills for Performance in the Arts Song Writing Skills	1 1 1 1 1	3 2 3 3 3	27 10 27 27 27 24	M/505/3269 M/504/6524 M/505/4042 M/505/8723 D/504/7166
Organisational Policies and the Role of the Care Worker Understanding Nutrition, Performance and Healthy Eating Introduction to Care Work Performing Arts Creative Writing Skills Technical Skills for Performance in the Arts Song Writing Skills Using the Internet as a Medium for Music	1 1 1 1 1 1	3 2 3 3 3 3	27 10 27 27 24 27	R/505/3269 M/504/6524 M/505/4042 M/505/8723 D/504/7166 F/505/8726
Organisational Policies and the Role of the Care Worker Understanding Nutrition, Performance and Healthy Eating Introduction to Care Work Performing Arts Creative Writing Skills Technical Skills for Performance in the Arts Song Writing Skills Using the Internet as a Medium for Music Sound and Audio Production Skills	1 1 1 1 1 1	3 2 3 3 3 3	27 10 27 27 24 27	R/505/3269 M/504/6524 M/505/4042 M/505/8723 D/504/7166 F/505/8726

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Preparing and Serving Drinks	1	3	27	D/505/8636
Customer Service in the Hospitality	1	3	20	F/505/3056
Industry				
Salon Reception Duties	1	3	22	H/504/9601
Food Service	1	2	18	J/505/3060
Basic Food Preparation and Cooking	1	3	30	K/505/3052
Using Kitchen Equipment	1	1	10	T/502/5075
Sport, Leisure and Recreation				
Planning own Fitness Programme	1	4	30	D/504/8947
Take part in Exercise and Fitness	1	3	27	D/505/8801
The Angling Environment	1	3	27	D/506/4713
Using an Ordnance Survey Map	1	2	18	F/505/8631
Planning a Trip to a Visitor Attraction	1	3	25	H/504/7993
Developing Angling Skills	1	3	27	J/505/8629
Participating in Leisure Activities	1	3	27	L/505/0659
Taking Part in Sport	1	3	27	R/505/1330
Transport and Engineering				
Checking and Maintaining a Car's Tyre	1	1	9	D/505/0603
Pressure and Tread				
Identification of Basic External and Internal	1	3	27	H/505/0604
Car Parts				
Tools, Equipment and Materials for Vehicle	1	4	36	K/505/8669
Maintenance				
Maintaining a Wheeled Vehicle for	1	2	18	M/504/8578
Personal Use				
Repair a Cycle Puncture	1	1	9	M/504/9584
Responsible Road Vehicle Ownership and	1	2	18	R/506/5325
Use				
ICT				
Design Software	1	3	20	A/505/6389
IT Software Fundamentals	1	3	20	A/505/6392
Word Processing Software	1	3	20	D/505/6398
Video Software Skills	1	2	18	F/505/1730
Spreadsheet Software	1	3	20	F/505/3204
Using the Internet	1	3	20	H/505/3275
Using Email	1	2	15	L/505/3271
Multimedia Software Skills	1	3	27	M/505/1688
Presentation Software	1	3	20	M/505/3201
Desktop Publishing Software	1	3	20	R/505/3059
Imaging Software	1	3	20	R/505/3062
IT Communication Fundamentals	1	2	15	T/505/6391
Using Mobile IT Devices				



Ascentis Level 1 Certificate in Skills Towards Enabling Progression (Step Up)

Learners must achieve 21 credits overall. 6 credits must be achieved from Core Skills. Learners may achieve the remaining credits from any unit group. A maximum of 6 credits may be taken from the ICT units. A maximum of 6 credits can be taken at Entry 3 or Level 2.

Maximum credits: 21

Core Skills				aximum credits. 21
Title	Level	Credit Value	GLH	Unit ref
Handling Data	1	2	18	A/503/3291
Preparing to be a good tenant and	1	1	9	A/504/1147
neighbour				, , , ,
Personal and Interpersonal Conflict	1	3	27	A/504/8826
Emotional Intelligence	1	3	27	A/505/4111
Numbers, Decimals, Fractions and	1	3	30	A/505/4867
Percentages				
Understanding Your Pay	1	3	27	A/505/5291
Developing Confidence and Self-Esteem	1	1	9	A/506/5318
Understanding and Using Percentages	1	2	18	D/503/3252
Writing for Meaning Skills	1	3	27	D/503/3302
Developing Personal Confidence and Self	1	3	27	D/504/8432
Awareness				
Improving own learning and performance	1	2	16	D/504/9497
Family Relationships	1	3	27	D/505/1282
Personal Relationships	1	3	27	D/505/1539
Equality and Diversity	1	3	24	D/505/1959
Independent Skills for Living in the	1	3	27	D/505/3999
Community				
Interpersonal Skills	1	3	27	D/505/4067
Personal Learning Programme	1	3	27	D/505/4070
Job Seeking Skills	1	3	27	D/505/4103
Planning a move into a new home	1	1	9	D/505/4666
Improving Assertiveness and Decision	1	3	27	D/505/8555
Making				
Understanding Motivation	1	1	9	D/506/5327
Spelling Rules and Strategies in Practical	1	3	27	F/503/3163
Use				
Understanding Volume	1	1	9	F/503/3258
Using Calculations: Multiplication and	1	2	18	F/503/3356
Division of Whole Numbers				
Spelling Skills	1	3	27	F/503/3390
Understand how to look after a new home	1	1	9	F/504/1151
Further Education Enrichment Activity	1	2	18	F/505/4076
Understanding Work-Based Placements	1	1	9	F/505/8645
Alcohol Awareness for the Individual	1	3	27	F/505/8791
Understanding Diversity within Society	1	3	27	F/505/8807

Understanding and Using 2D Shapes	1	1	9	H/503/3169
Personal Learning Skills	1	6	54	H/505/4071
Understanding Rights and Responsibilities	1	3	27	H/505/4099
of Citizenship				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Personal Career Planning	1	3	27	H/505/4104
Problem Solving in the Workplace	1	3	27	H/505/8587
Approaches to Learning	1	1	9	H/505/8718
Introduction to Drug Awareness for the	1	3	27	H/506/1215
Individual				, , , , , , ,
Using Calculations: Addition and	1	1	9	J/503/3259
Subtraction of Whole Numbers				
Understanding Perimeter and Area	1	1	9	J/503/3276
Understand how to apply for housing	1	1	9	J/504/1149
Understand how to look after personal	1	1	9	J/504/1152
health and hygiene				
Communication in the Workplace	1	3	27	J/504/7517
Sex and Relationships	1	3	24	J/504/8196
Independent Shopping for Household	1	3	27	J/504/8277
Items				
Health and Safety in a Practical	1	1	9	J/504/9364
Environment				
Group and Teamwork Communication	1	2	18	J/505/0451
Skills				
Understanding Own Response to Body	1	2	18	J/505/1244
Image				
Making Choices in Pursuit of Personal Goals	1	3	27	J/505/4080
Take Part in an Activity	1	1	9	J/505/4337
Managing Own Relationship with Others	1	3	27	J/505/8551
How the Body Works	1	2	18	J/505/8615
Transforming Own Behaviour in Conflict	1	3	27	J/506/5323
Data Calculations	1	1	9	K/503/3044
Calculations using Fractions, Decimals and	1	3	24	K/505/1947
Percentages				
Measures and Shape	1	3	24	K/505/2063
Personal Development Skills	1	3	27	K/505/4069
Personal Career Preparation	1	1	9	K/505/4105
Health and Hygiene in the Home	1	3	27	K/505/8557
Understanding Pay and Payslips	1	1	9	K/505/8610
Understanding HE: Raising Aspirations	1	2	18	K/505/8719
Preparing for a Recruitment Interview	1	3	27	K/505/8722
Preparation for Work	1	3	27	K/505/8848
Calculation: Whole Numbers	1	3	27	K/505/9031
Young Parenthood	1	2	18	K/506/0728
Understanding Welfare at Work	1	3	30	K/618/6307
Punctuation and Grammar Skills	1	2	18	L/503/3392

Understanding financial products and	1	1	9	L/504/1153
services		_	_	
Healthy Living	1	3	27	L/504/8264
Active Citizenship in the Local Community	1	1	9	L/504/8510
Time Management	1	3	27	L/504/8717
Improving Own Confidence	1	3	27	L/505/4078
Managing Your Own Learning	1	3	27	L/505/8552
Work, Review and Plan	1	3	27	L/505/8616
Carrying Out an Independent Research	1	3	27	L/505/8633
Project				
Understanding Personal Awareness	1	3	27	L/506/0673
Recognising Issues of Substance Misuse	1	1	9	M/505/1237
Research Project	1	3	16	M/505/2081
Skills for Independent Life	1	3	27	M/505/4073
Prepare for Interview	1	1	9	M/505/4106
Understanding what Volunteering is About	1	1	9	M/505/8611
Speaking and Listening Skills	1	3	27	M/505/8656
Understanding Welfare at Work	1	3	27	M/506/1993
Understanding Numbers	1	2	18	R/503/3166
Understanding and Using Decimals	1	2	18	R/503/3278
Developing Customer Service Skills	1	3	27	R/503/9226
Understanding and Using Shapes	1	3	27	R/503/9291
Personal Money Management	1	1	9	R/504/1154
Work Placement	1	3	27	R/504/8198
Induction to Study	1	3	27	R/504/8279
Aspects of Citizenship	1	3	27	R/504/8511
Presentation Skills	1	2	18	R/505/0453
Understanding Stress and Stress	1	3	27	R/505/1246
Management Techniques				
Understanding Young People, Law and	1	3	27	R/505/4101
Order				
Recognising Employment Opportunities	1	1	9	R/505/4342
Preparing for Interviews	1	1	9	R/505/5300
Personal Budgeting and Money	1	3	27	R/505/8567
Management				
Employment Rights, Contracts and Pay	1	3	27	R/505/8794
Measure: Time and Temperature	1	2	18	R/506/0920
Skills Used in Reading for Meaning	1	3	27	T/503/3158
Participating in a Vocational Taster	1	2	20	T/504/8632
Prejudice and Discrimination	1	3	27	T/504/8842
Building a Personal Career Portfolio	1	3	27	T/505/3989
Preparing for Work	1	3	27	T/505/4107
Undertaking an Enterprise Project	1	3	27	T/505/4446
Assertive Living	1	3	27	T/506/5320
Understanding and Using Fractions	1	2	18	Y/503/3170

Probability	1	1	9	Y/503/3282
Teamwork Skills	1	2	18	Y/504/9515
Personal Development	1	3	27	Y/506/0577
Understanding the Importance of a	1	1	9	Y/506/0613
Balanced Diet and Regular Exercise	_	_		1,300,0013
Personal Budgeting and Managing Money	1	3	27	Y/506/0787
Using Cooking Skills in the Domestic	1	3	27	Y/506/0790
Kitchen	_	J	27	1/300/0730
Carry Out a Systematic Cycle Check	1	1	9	H/504/9582
College Induction	1	3	27	H/503/3043
Principles of Dealing with Animal	1	2	18	A/505/8627
Accommodation	_	_		, 4000,002
Work Experience	1	3	27	T/505/8724
Agriculture and Animal Care				1,000,010
Developing Confidence Working With	1	3	27	J/506/0476
Animals				1, 2 2 3, 2 11 2
Assist with Maintaining the Health and	1	6	54	L/505/0726
Wellbeing of Animals				
Principles of the Care of Animals	1	2	18	M/505/8575
Assist with Animal Accommodation	1	2	18	T/505/8612
Assist with Feedstuffs for Small Animals	1	2	18	H/505/3051
Assist with the Care of Animals	1	2	18	A/505/8613
Building and Construction				
Use and Maintain Woodworking Tools	1	3	27	A/505/8725
Health and Safety in Construction	1	3	30	D/505/1363
Wallpapering Skills	1	3	27	D/506/5330
Use of Tools and Equipment for Bricklaying	1	3	27	F/505/8614
Constructing a One Brick Wide Wall using	1	3	27	H/504/9629
Bricklaying Skills				
Using Floor and Wall Tiling Techniques	1	3	27	H/504/9646
Developing Plumbing Skills	1	4	36	H/505/8668
Carpentry Hand Skills	1	3	27	J/503/2659
Assemble Units for Interiors	1	1	10	J/505/8601
Using Painting Skills for Interior Ceilings	1	3	27	K/504/9647
and Walls				
Constructing a Cavity Wall Using Bricklaying	1	3	27	L/504/9625
Skills				
Decorative Paint Effects for Interior Walls	1	3	27	L/505/4114
Using Plastering Skills - Floating Coat to an	1	3	27	M/504/9648
Attached Pier				
Fitting Units for Interiors	1	1	10	M/505/0539
Plastering Techniques	1	3	27	R/504/9643
Introduction to Plastering Techniques	1	3	27	R/505/4969
Fix and Fit Work Surfaces	1	1	10	R/505/8603

Using Plastering Skills - Plastering to a	1	3	27	T/504/9649
Window Reveal				
Constructing a Half Brick Wall Using	1	3	27	Y/504/9627
Bricklaying Skills				
Preparing Ceilings and Walls for Decoration	1	3	27	Y/504/9644
Business Management				
Business Communication	1	3	27	F/505/4109
Understanding Time Management in the	1	2	18	R/505/8584
Workplace				
Crafts, Creative Arts and Design				
Industrial Fabric Printing	1	6	54	R/505/8729
Using Craft Skills with Natural Materials	1	3	27	T/505/8609
Tools and Equipment for Garment Making	1	3	27	K/505/8803
Using Commercial Garment Patterns	1	3	27	K/506/5329
Garment Construction Skills: Making a	1	3	27	K/505/8560
Simple Top				
Child Development and Well Being				
Using Craft Activities with Children and	1	3	27	D/504/9614
Young People				
Developing Skills for Listening to Children	1	3	27	H/503/8193
The Physical and Psychological Needs of	1	3	27	K/505/1611
Children				
Caring for Your Baby	1	3	27	M/505/8933
Caring for Young Children	1	3	27	T/505/3054
Understanding Play	1	3	27	Y/504/9613
Environmental Conservation				
Understanding Ecology and Conservation	1	3	27	Y/505/6576
Horticulture and Forestry				
Sowing and Growing Techniques	1	3	27	H/505/8797
Organic Horticulture	1	3	27	L/505/0600
Cultivating Compost and Soils	1	3	27	L/506/1015
Cultivating Herbs	1	3	27	R/503/2714
Developing Skills in Garden Horticulture	1	3	27	T/504/2880
Health and Social Care		<u> </u>		
Understanding the Principles of Care,	1	3	27	J/505/8808
Organisational Policies and the Role of the				3,000,000
Care Worker				
Understanding Nutrition, Performance and	1	3	27	R/505/3269
Healthy Eating	_			, , , , , , , ,
Introduction to Care Work	1	2	10	M/504/6524
Performing Arts				, == , == :
Creative Writing Skills	1	3	27	M/505/4042
Technical Skills for Performance in the Arts	1	3	27	M/505/8723
Song Writing Skills	1	3	24	D/504/7166
Using the Internet as a Medium for Music	1	3	27	F/505/8726
osing the internet as a Mediulli IOI Music	Τ.	3	2.1	1/303/0720

Sound and Audio Production Skills	1	3	27	L/505/0998
Retail and Commercial Enterprise				
Introduction to the Hospitality Industry	1	2	20	A/505/3198
Understanding Customer Service	1	3	27	A/506/1043
Preparing and Serving Drinks	1	3	27	D/505/8636
Customer Service in the Hospitality	1	3	20	F/505/3056
Industry				
Salon Reception Duties	1	3	22	H/504/9601
Food Service	1	2	18	J/505/3060
Basic Food Preparation and Cooking	1	3	30	K/505/3052
Using Kitchen Equipment	1	1	10	T/502/5075
Sport, Leisure and Recreation				
Planning own Fitness Programme	1	4	30	D/504/8947
Take part in Exercise and Fitness	1	3	27	D/505/8801
The Angling Environment	1	3	27	D/506/4713
Using an Ordnance Survey Map	1	2	18	F/505/8631
Planning a Trip to a Visitor Attraction	1	3	25	H/504/7993
Developing Angling Skills	1	3	27	J/505/8629
Participating in Leisure Activities	1	3	27	L/505/0659
Taking Part in Sport	1	3	27	R/505/1330
Transport and Engineering				
Checking and Maintaining a Car's Tyre	1	1	9	D/505/0603
Pressure and Tread				
Identification of Basic External and Internal	1	3	27	H/505/0604
Car Parts				
Tools, Equipment and Materials for Vehicle	1	4	36	K/505/8669
Maintenance				
Maintaining a Wheeled Vehicle for	1	2	18	M/504/8578
Personal Use				
Repair a Cycle Puncture	1	1	9	M/504/9584
Responsible Road Vehicle Ownership and	1	2	18	R/506/5325
Use				
ICT		,		
Design Software	1	3	20	A/505/6389
IT Software Fundamentals	1	3	20	A/505/6392
Word Processing Software	1	3	20	D/505/6398
Video Software Skills	1	2	18	F/505/1730
Spreadsheet Software	1	3	20	F/505/3204
Using the Internet	1	3	20	H/505/3275
Using Email	1	2	15	L/505/3271
Multimedia Software Skills	1	3	27	M/505/1688
Presentation Software	1	3	20	M/505/3201
Desktop Publishing Software	1	3	20	R/505/3059
Imaging Software	1	3	20	R/505/3062
IT Communication Fundamentals	1	2	15	T/505/6391

Using Mobile IT Devices	1	2	15	Y/505/3273
Entry 3 units				
Issues of Substance Misuse	E3	1	10	A/504/8437
Skills for Shopping	E3	3	30	A/504/8695
Using Computers for Family Learning	E3	2	20	A/504/8857
Health and Safety Awareness	E3	1	10	A/504/9913
Drug and Alcohol Misuse Awareness	E3	3	30	A/505/8708
Grammar and Punctuation in Practical Use	E3	1	10	A/506/1768
College Induction	E3	3	30	D/504/8124
Understanding Family Relationships	E3	3	30	D/505/1279
Introduction to Developing Parenting Skills	E3	3	30	D/505/8569
Understanding How and Why to Support	E3	3	30	D/505/8572
Children in Family Learning				
Recognising Own Skills for Personal	E3	3	30	D/505/8958
Development				
Personal Budgeting and Managing Money	E3	3	30	D/506/5313
Engage in Discussion	E3	1	10	F/503/3048
Developing Skills for Gaining Employment	E3	3	30	F/504/8519
The Local Community	E3	1	10	F/505/3672
Introduction to Road Safety	E3	3	30	F/505/8712
Skills for Employability	E3	3	30	F/505/8788
Speaking to Communicate	E3	1	10	F/506/0671
Home and Personal Safety Awareness	E3	3	30	H/504/8433
Introduction to a Training Course	E3	3	30	H/504/8495
Recognise Trees and Plants and their	E3	2	20	H/504/9565
Importance to Wildlife				
Introduction to Understanding Sex and	E3	3	30	H/505/8573
Relationships				
Managing Social Relationships	E3	2	20	H/505/8623
Alcohol and Drug Misuse Awareness	E3	3	30	H/505/8783
Aspects of Citizenship	E3	3	30	J/504/8425
Time	E3	1	10	J/504/8716
Emotional Intelligence	E3	3	30	J/505/3737
Career Preparation	E3	1	10	J/505/3740
Introduction to Making and Using Story	E3	2	20	J/505/8548
Sacks for Family Learning				
Food Safety and Storage	E3	3	30	J/505/8646
Using a Personal Learning Programme	E3	3	30	J/505/8789
Making Choices in Pursuit of Personal Goals	E3	3	30	J/506/0574
Recognising Employment Opportunities	E3	1	10	K/504/8529
Planning for Personal Development	E3	1	10	K/505/3665
Young People, Law and Order	E3	3	30	K/505/3679
Employment Contracts and Payslips	E3	1	10	K/505/3746
Division of Whole Numbers	E3	1	10	K/505/4010
Understanding Self and Others	E3	3	30	K/506/0678

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Introduction to Developing Skills for Caring for your Child Introduction to Food and Nutrition for					
Introduction to Food and Nutrition for Children and Young People		E3	3	30	M/505/8785
Children and Young People Human Growth and Development E3 3 30 R/505/3675 Environmental Sustainability E3 1 10 J/505/8503 Developing an Awareness of Soil Types and Garden Habitats E3 3 30 D/505/6465 Developing Skills for Using and Maintaining Garden Tools E3 2 20 F/505/0397 Clearing and Weeding a Garden E3 2 20 F/505/0397 Sowing and Growing Plants E3 3 30 K/505/3929 Amenity Horticulture Skills E3 3 30 K/505/8929 Introduction to Propagation of Plants E3 3 30 K/505/8929 Introduction to Cultivating plant cuttings E3 3 30 L/505/3211 Planting in a Container E3 3 30 L/505/3211 Introduction to Cultivating plant cuttings E3 3 30 L/505/3211 Planting in a Container E3 3 30 L/505/3211 Introduction to Garden Maintenance Skills E3	,				
Human Growth and Development E3		E3	3	30	R/505/3210
Environmental Sustainability					
Developing an Awareness of Soil Types and Garden Habitats			3		1 1
Garden Habitats				10	
Developing Skills for Using and Maintaining Garden Tools		E3	3	30	D/505/6451
Garden Tools Clearing and Weeding a Garden E3 2 20 F/505/0397 Sowing and Growing Plants E3 3 30 K/505/3195 Amenity Horticulture Skills E3 3 30 K/505/8929 Introduction to Propagation of Plants E3 3 30 J/505/3221 Planting in a Container E3 3 30 J/505/0407 Introduction to Cultivating plant cuttings E3 3 30 J/505/7486 Discover Local History E3 3 30 J/505/3886 Presentation Software E3 2 2 3 3 A/505/3217 Personal Digital Photograph Processing E3 1 10 F/505/1677 Desktop Publishing Software E3 2 15 JF505/3185 Data Management Software E3 2 15 H/505/637 Using Graphics Software E3 2 15 J/504/8960 Digital Lifestyle E3 2 2 X/505/3214 Spreadsheet Software E3 2 2 X/505/3214 Spreadsheet Software E3 2 1 10 J/506/637 IT User Fundamentals E3 2 2 X/505/3214 Spreadsheet Software E3 2 15 J/505/3223 Using Mobile IT Devices E3 1 10 J/505/6378 Computer Security and Privacy E3 1 10 J/506/5307 Shopping Word Processing Software E3 2 15 M/505/3223 Using Mobile IT Devices E3 1 10 J/506/5307 Shopping Word Processing Software E3 2 15 M/505/3228 Using Mobile IT Devices E3 1 10 J/506/5307 Shopping Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 J/506/5307 Shopping Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 J/506/5307 Shopping Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 J/506/5307 Shopping Word Processing Software E3 2 2 X/505/3181 Hairdressing: Introduction to Assisting a E3 3 Cly505/3187 Stylist Plan and Participate in Short Walks E3 3 Cly506/4481	Garden Habitats				
Clearing and Weeding a Garden E3		E3	3	30	D/505/6465
Sowing and Growing Plants	Garden Tools				
Amenity Horticulture Skills	Clearing and Weeding a Garden	E3	2	20	F/505/0397
Introduction to Propagation of Plants	Sowing and Growing Plants	E3	3	30	K/505/3195
Planting in a Container	Amenity Horticulture Skills	E3	3	30	K/505/8929
Introduction to cultivating plant cuttings	Introduction to Propagation of Plants	E3	3	30	Y/505/3211
Introduction to Garden Maintenance Skills	Planting in a Container	E3	3	30	D/505/0407
Discover Local History E3 3 30 A/505/3606 Presentation Software E3 2 20 A/505/3217 Personal Digital Photograph Processing E3 1 10 F/505/1677 Desktop Publishing Software E3 2 15 F/505/3185 Data Management Software E3 2 15 H/505/6368 Design and Imaging Software E3 2 20 K/505/1673 Using Graphics Software E3 2 20 K/505/1673 IT User Fundamentals E3 2 20 K/505/3214 Spreadsheet Software E3 2 20 K/505/3223 Using Mobile IT Devices E3 1 10 L/506/5378 Computer Security and Privacy E3 1 <td< td=""><td>Introduction to cultivating plant cuttings</td><td>E3</td><td>3</td><td>30</td><td>A/504/5330</td></td<>	Introduction to cultivating plant cuttings	E3	3	30	A/504/5330
Presentation Software E3 2 20 A/505/3217 Personal Digital Photograph Processing E3 1 10 F/505/1677 Desktop Publishing Software E3 2 15 F/505/3185 Data Management Software E3 2 15 H/505/6368 Design and Imaging Software E3 2 15 H/505/6371 Using Graphics Software E3 1 10 J/504/8960 Digital Lifestyle E3 2 20 K/505/1673 IT User Fundamentals E3 2 20 K/505/3214 Spreadsheet Software E3 2 15 L/505/3223 Using Mobile IT Devices E3 1 10 L/505/6378 Computer Security and Privacy E3 1 10 L/506/5307 Introduction to Using the Internet for E3 1 10 L/506/5307 Shopping Body Processing Software E3 2 15 M/505/3229 Computer Basics E3 1	Introduction to Garden Maintenance Skills	E3	3	30	T/505/8786
Personal Digital Photograph Processing E3 1 10 F/505/1677 Desktop Publishing Software E3 2 15 F/505/3185 Data Management Software E3 2 15 H/505/6368 Design and Imaging Software E3 2 15 H/505/6371 Using Graphics Software E3 2 20 K/505/1673 IT User Fundamentals E3 2 20 K/505/1673 IT User Fundamentals E3 2 20 K/505/3214 Spreadsheet Software E3 2 15 L/505/3223 Using Mobile IT Devices E3 1 10 L/505/3223 Using Mobile IT Devices E3 1 10 L/505/6378 Computer Security and Privacy E3 1 10 L/505/835 Introduction to Using the Internet for E3 1 10 L/506/5307 Shopping Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 <	Discover Local History	E3	3	30	A/505/3606
Desktop Publishing Software E3 2 15 F/505/3185 Data Management Software E3 2 15 H/505/6368 Design and Imaging Software E3 2 15 H/505/6371 Using Graphics Software E3 1 10 J/504/8960 Digital Lifestyle E3 2 20 K/505/1673 IT User Fundamentals E3 2 20 K/505/3214 Spreadsheet Software E3 2 15 L/505/3223 Using Mobile IT Devices E3 1 10 L/505/6378 Computer Security and Privacy E3 1 10 L/505/8535 Introduction to Using the Internet for E3 1 10 L/506/5307 Shopping Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 R/505/3229 Computer Basics E3 1 10 R/505/8545 Using Email E3 1 10	Presentation Software	E3	2	20	A/505/3217
Data Management Software E3 2 15 H/505/6368 Design and Imaging Software E3 2 15 H/505/6371 Using Graphics Software E3 1 10 J/504/8960 Digital Lifestyle E3 2 20 K/505/1673 IT User Fundamentals E3 2 20 K/505/3214 Spreadsheet Software E3 2 15 L/505/3223 Using Mobile IT Devices E3 1 10 L/505/6378 Computer Security and Privacy E3 1 10 L/505/6378 Computer Security and Privacy E3 1 10 L/506/5307 Introduction to Using the Internet for E3 1 10 L/506/5307 Shopping Bond B 1 10 L/506/5307 Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 <td>Personal Digital Photograph Processing</td> <td>E3</td> <td>1</td> <td>10</td> <td>F/505/1677</td>	Personal Digital Photograph Processing	E3	1	10	F/505/1677
Design and Imaging Software E3 2 15 H/505/6371 Using Graphics Software E3 1 10 J/504/8960 Digital Lifestyle E3 2 20 K/505/1673 IT User Fundamentals E3 2 20 K/505/3214 Spreadsheet Software E3 2 15 L/505/3223 Using Mobile IT Devices E3 1 10 L/505/6378 Computer Security and Privacy E3 1 10 L/506/5307 Introduction to Using the Internet for Shopping E3 1 10 L/506/5307 Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 L/506/5307 The Internet and World Wide Web E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 T/505/8545 Using Email E3 1 10 T/505/8545 Using Email E3 1 10 T/505	Desktop Publishing Software	E3	2	15	F/505/3185
Using Graphics Software E3 1 10 J/504/8960 Digital Lifestyle E3 2 20 K/505/1673 IT User Fundamentals E3 2 20 K/505/3214 Spreadsheet Software E3 2 15 L/505/3223 Using Mobile IT Devices E3 1 10 L/505/6378 Computer Security and Privacy E3 1 10 L/505/8535 Introduction to Using the Internet for E3 1 10 L/506/5307 Shopping Shopping L/506/5307 L/506/5307 L/506/5307 Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 T/505/8545 Using Email E3 1 10 T/505/8545 Using Email E3 1 10 T/505/8545 Using Email E3 1 10 T/505/8545	Data Management Software	E3	2	15	H/505/6368
Digital Lifestyle E3 2 20 K/505/1673 IT User Fundamentals E3 2 20 K/505/3214 Spreadsheet Software E3 2 15 L/505/3223 Using Mobile IT Devices E3 1 10 L/505/6378 Computer Security and Privacy E3 1 10 L/505/8535 Introduction to Using the Internet for E3 1 10 L/506/5307 Shopping Software E3 2 15 M/505/3229 Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 T/505/8545 Using Email E3 1 10 Y/505/3225 Audio and Video Software E3 2 15 Y/505/6366 Basic Performance Skills E3 3 3	Design and Imaging Software	E3	2	15	H/505/6371
IT User Fundamentals	Using Graphics Software	E3	1	10	J/504/8960
Spreadsheet Software E3 2 15 L/505/3223 Using Mobile IT Devices E3 1 10 L/505/6378 Computer Security and Privacy E3 1 10 L/505/8535 Introduction to Using the Internet for Shopping E3 1 10 L/506/5307 Shopping B3 1 10 L/506/5307 Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 T/505/8545 Using Email E3 1 10 T/505/8545 Using Email E3 1 10 T/505/3225 Audio and Video Software E3 2 15 Y/505/3366 Basic Performance Skills E3 3 30 D/505/1007 Physical Performance Skills E3 3 30 Y/505/3595 Introduction to keeping the work area E3 3 30 K/5	Digital Lifestyle	E3	2	20	K/505/1673
Using Mobile IT Devices E3 1 10 L/505/6378 Computer Security and Privacy E3 1 10 L/505/8535 Introduction to Using the Internet for Shopping E3 1 10 L/506/5307 Shopping Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 T/505/8545 Using Email E3 2 15 T/505/8545 Using Email E3 3 3 D/505/3225 Audio and Video Software E3 2 15 Y/505/6366 Basic Performance Skills E3 3 30 D/505/1007 Physical Performance Skills E3 3 3 30	IT User Fundamentals	E3	2	20	K/505/3214
Computer Security and Privacy E3 1 10 L/505/8535 Introduction to Using the Internet for Shopping E3 1 10 L/506/5307 Shopping B3 2 15 M/505/3229 Computer Basics E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 T/505/8545 Using Email E3 1 10 Y/505/3225 Audio and Video Software E3 2 15 Y/505/6366 Basic Performance Skills E3 3 30 D/505/1007 Physical Performance Skills E3 3 30 Y/505/3595 Introduction to keeping the work area clean, tidy and safe in a retail environment E3 3 30 A/501/9522 Basic Cooking E3 2 20 K/505/3181 Hairdressing: Introduction to Assisting a Stylist E3 3 30 L/506/4481 Plan and Participate in Short Walks E3 3 30 L/506/4481	Spreadsheet Software	E3	2	15	L/505/3223
Introduction to Using the Internet for Shopping	Using Mobile IT Devices	E3	1	10	L/505/6378
Shopping E3 2 15 M/505/3229 Computer Basics E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 T/505/8545 Using Email E3 1 10 Y/505/3225 Audio and Video Software E3 2 15 Y/505/6366 Basic Performance Skills E3 3 30 D/505/1007 Physical Performance Skills E3 3 30 Y/505/3595 Introduction to keeping the work area clean, tidy and safe in a retail environment E3 3 30 A/501/9522 Basic Cooking E3 2 20 K/505/3181 Hairdressing: Introduction to Assisting a Stylist E3 3 30 L/505/3187 Plan and Participate in Short Walks E3 3 30 L/506/4481	Computer Security and Privacy	E3	1	10	L/505/8535
Word Processing Software E3 2 15 M/505/3229 Computer Basics E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 T/505/8545 Using Email E3 1 10 Y/505/3225 Audio and Video Software E3 2 15 Y/505/6366 Basic Performance Skills E3 3 30 D/505/1007 Physical Performance Skills E3 3 30 Y/505/3595 Introduction to keeping the work area clean, tidy and safe in a retail environment E3 3 30 A/501/9522 Basic Cooking E3 2 20 K/505/3181 Hairdressing: Introduction to Assisting a Stylist E3 3 30 L/505/3187 Plan and Participate in Short Walks E3 3 30 L/506/4481	Introduction to Using the Internet for	E3	1	10	L/506/5307
Computer Basics E3 1 10 R/505/1652 The Internet and World Wide Web E3 1 10 T/505/8545 Using Email E3 1 10 Y/505/3225 Audio and Video Software E3 2 15 Y/505/6366 Basic Performance Skills E3 3 30 D/505/1007 Physical Performance Skills E3 3 30 Y/505/3595 Introduction to keeping the work area clean, tidy and safe in a retail environment E3 3 30 A/501/9522 Clean, tidy and safe in a retail environment E3 2 20 K/505/3181 Basic Cooking E3 2 20 K/505/3187 Hairdressing: Introduction to Assisting a Stylist E3 3 30 L/506/4481 Plan and Participate in Short Walks E3 3 30 L/506/4481	Shopping				
The Internet and World Wide Web E3 1 10 T/505/8545 Using Email E3 1 10 Y/505/3225 Audio and Video Software E3 2 15 Y/505/6366 Basic Performance Skills E3 3 30 D/505/1007 Physical Performance Skills E3 3 30 Y/505/3595 Introduction to keeping the work area clean, tidy and safe in a retail environment E3 3 30 A/501/9522 Clean, tidy and safe in a retail environment E3 2 20 K/505/3181 Hairdressing: Introduction to Assisting a Stylist E3 3 30 L/505/3187 Plan and Participate in Short Walks E3 3 30 L/506/4481	Word Processing Software	E3	2	15	M/505/3229
Using Email Audio and Video Software E3 2 15 Y/505/3225 Audio and Video Software E3 2 15 Y/505/6366 Basic Performance Skills E3 3 30 D/505/1007 Physical Performance Skills E3 3 30 Y/505/3595 Introduction to keeping the work area E3 Clean, tidy and safe in a retail environment Basic Cooking E3 2 Cooking E3 3 Cooking E3 Cooking Cooking E3 Cooking Cooking E3 Cooking C	Computer Basics	E3	1	10	R/505/1652
Audio and Video Software Basic Performance Skills E3 Basic Performance Skills E3 Basic Performance Skills B3 B3 B4/505/3595 B5 B5 B7/505/6366 B3 B3 B7/505/3595 B5 B5 B7/505/3595 B7/505/3187	The Internet and World Wide Web	E3	1	10	T/505/8545
Basic Performance Skills Physical Performance Skills E3 3 30 V/505/1007 Physical Performance Skills E3 3 30 V/505/3595 Introduction to keeping the work area clean, tidy and safe in a retail environment Basic Cooking E3 2 Cooking E3 3 Cooking E3 Cooking Cooking E3 Cooking Cooking E3 Cooking	Using Email	E3	1	10	Y/505/3225
Physical Performance Skills Introduction to keeping the work area E3 3 30 A/501/9522 clean, tidy and safe in a retail environment Basic Cooking E3 2 Clean, tidy and Safe in a retail environment Basic Cooking E3 3 Clean, tidy and Safe in a retail environment E3 Cooking E4 Cooking E	Audio and Video Software	E3	2	15	Y/505/6366
Introduction to keeping the work area clean, tidy and safe in a retail environment Basic Cooking E3 2 20 K/505/3181 Hairdressing: Introduction to Assisting a E3 3 30 L/505/3187 Stylist E3 3 30 L/506/4481	Basic Performance Skills	E3	3	30	D/505/1007
clean, tidy and safe in a retail environment Basic Cooking E3 2 20 K/505/3181 Hairdressing: Introduction to Assisting a E3 3 30 L/505/3187 Stylist Plan and Participate in Short Walks E3 3 30 L/506/4481	Physical Performance Skills	E3	3	30	Y/505/3595
Basic Cooking E3 2 20 K/505/3181 Hairdressing: Introduction to Assisting a E3 3 30 L/505/3187 Stylist Plan and Participate in Short Walks E3 3 30 L/506/4481	Introduction to keeping the work area	E3	3	30	A/501/9522
Hairdressing: Introduction to Assisting a E3 3 30 L/505/3187 Stylist Plan and Participate in Short Walks E3 3 30 L/506/4481	clean, tidy and safe in a retail environment				
Stylist Plan and Participate in Short Walks E3 3 L/506/4481	Basic Cooking	E3	2	20	K/505/3181
Plan and Participate in Short Walks E3 3 30 L/506/4481	Hairdressing: Introduction to Assisting a	E3	3	30	L/505/3187
	Stylist				
	Plan and Participate in Short Walks	E3	3	30	L/506/4481
Basic Food Preparation E3 2 20 M/505/3182	Basic Food Preparation	E3	2	20	M/505/3182

Serving Food and Drink	E3	2	20	T/505/6133
Introduction to Looking after Customers in	E3	3	30	T/505/8402
a Retail Environment				
Indoor Team Games	E3	3	30	A/505/8644
Taking Part in Sport	E3	3	30	F/505/8600
Improving Own Fitness	E3	3	30	L/505/8549
Motor Vehicle Workshop Tools and	E3	2	20	A/505/0107
Equipment				
Routine Vehicle Checks	E3	2	20	F/505/3221
Routine Wheel and Tyre Checks	E3	2	20	J/505/3222
Checking and Maintaining Fluid Levels on a	E3	1	10	L/505/0094
Car				
Washing a Car Exterior	E3	1	10	L/505/0418
Identification of Basic External and Internal	E3	1	10	R/505/3188
Car Parts				
Checking and Maintaining Car Tyre	E3	1	10	T/505/4401
Pressures and Tread				
Valeting a Car Interior	E3	1	10	T/505/8707
Clean and Prepare a Cycle for Use	E3	1	10	J/504/9574
Personal Learning Goals	E3	3	30	A/505/8787
Garment Making	E3	3	30	Y/505/3600
Reading Grammar and Punctuation	E3	1	10	H/503/3155
Groom a Small Animal	E3	2	20	D/505/0777
Hair Plaiting	E3	3	30	F/505/8595
Level 2 Units				
Prejudice and Discrimination	2	3	24	A/504/8843
Career Planning	2	3	20	A/505/1225
Mentoring Practice	2	2	16	A/505/1287
Teamwork Skills	2	2	16	D/504/9516
Learning from Volunteering	2	2	16	D/505/7194
Understanding Welfare at Work	2	3	24	D/506/5344
Team Building Skills	2	3	24	H/504/8657
Undertaking an Enterprise Project	2	3	24	H/504/8867
Work Experience	2	3	24	H/504/8884
Personal Development Skills	2	3	24	H/505/5057
Interpersonal Skills	2	3	24	H/505/5060
Recognising Employment Opportunities	2	1	8	H/505/5124
Introduction to Mentoring	2	1	8	H/505/8671
Mentoring Skills	2	3	24	J/505/1289
Making Choices in Pursuit of Personal Goals	2	3	24	J/505/5052
Drug Awareness	2	3	24	J/506/0588
Preparation for a Recruitment Interview	2	2	16	J/506/5340
Understanding Customer Service	2	3	24	K/503/2668
Personal Budgeting and Managing Money	2	3	24	K/503/3173
Communication in the Workplace	2	3	24	L/503/7619

Recognising Issues of Substance Misuse	2	1	8	L/505/1262
Problem Solving Skills	2	3	24	L/506/5341
Recognising and Dealing with Bullying	2	2	16	M/505/0802
Personal and Social Responsibility	2	3	24	M/505/5109
Equality and Diversity	2	3	24	R/505/1974
Group and Teamwork Communication	2	3	24	R/505/8925
Skills				
Speaking and Listening Skills	2	3	24	Y/503/3377
Sex and Relationships Education	2	3	24	Y/504/2886
Aspects of Citizenship	2	3	24	Y/504/8512
Personal Risk	2	1	8	Y/505/5119
Understanding Young People, Law and	2	3	24	Y/505/8912
Order				
Developing Personal Learning Skills	2	3	24	Y/506/5374
Managing Your Own Learning	2	3	24	K/505/8915
Health and Safety Awareness in a Working	2	3	24	M/504/8693
Environment				
Leadership Skills	2	3	24	R/505/7192
Understanding Business Organisations	2	3	24	F/504/9587
Understanding how to Meet the Physical	2	3	24	F/505/8838
Needs of Children				
Understanding the Intellectual and	2	3	24	A/506/5366
Language Development of Children from				
Birth to Eight				
Understanding Ageing and the Older	2	3	24	A/505/4674
Person				
Dementia Awareness	2	2	16	A/505/8935
Understanding Mental Health	2	3	24	L/505/4680
Understanding Continence Care	2	3	24	L/505/8888
Understanding Counselling Theories	2	3	24	M/505/8883
Nutrition and Weight Management	2	6	48	T/504/8968
Skills in Providing Personal Care in Care	2	3	24	Y/505/8926
Settings				
Care Planning Skills for the Care Worker	2	3	24	D/505/8703
The Role of the Care Worker in Caring for	2	3	24	T/504/9084
the Person with Dementia				
Understanding Health Promotion in Care	2	3	24	A/505/8837
Settings				
Sound and Audio Production Skills	2	3	24	D/505/4974
Careers in Leisure and Tourism	2	3	24	J/505/4810
Taking Part in Sport for Personal	2	3	24	M/505/7233
Improvement				

Ascentis Level 1 Diploma in Skills Towards Enabling Progression (Step Up)

Learners must achieve 39 credits overall. 9 credits must be achieved from Core Skills. Learners may achieve the remaining credits from any unit group. A maximum of 6 credits may be taken from the ICT units. A maximum of 9 credits can be taken at Entry 3 or Level 2.

Maximum credits: 39

Core Skills			IVI	aximum credits: 39
Title	Level	Credit Value	GLH	Unit ref
Handling Data	1	2	18	A/503/3291
Preparing to be a good tenant and	1	1	9	A/504/1147
neighbour				
Personal and Interpersonal Conflict	1	3	27	A/504/8826
Emotional Intelligence	1	3	27	A/505/4111
Numbers, Decimals, Fractions and	1	3	30	A/505/4867
Percentages				
Understanding Your Pay	1	3	27	A/505/5291
Developing Confidence and Self-Esteem	1	1	9	A/506/5318
Understanding and Using Percentages	1	2	18	D/503/3252
Writing for Meaning Skills	1	3	27	D/503/3302
Developing Personal Confidence and Self	1	3	27	D/504/8432
Awareness				
Improving own learning and performance	1	2	16	D/504/9497
Family Relationships	1	3	27	D/505/1282
Personal Relationships	1	3	27	D/505/1539
Equality and Diversity	1	3	24	D/505/1959
Independent Skills for Living in the	1	3	27	D/505/3999
Community				
Interpersonal Skills	1	3	27	D/505/4067
Personal Learning Programme	1	3	27	D/505/4070
Job Seeking Skills	1	3	27	D/505/4103
Planning a move into a new home	1	1	9	D/505/4666
Improving Assertiveness and Decision	1	3	27	D/505/8555
Making				
Understanding Motivation	1	1	9	D/506/5327
Spelling Rules and Strategies in Practical	1	3	27	F/503/3163
Use				
Understanding Volume	1	1	9	F/503/3258
Using Calculations: Multiplication and	1	2	18	F/503/3356
Division of Whole Numbers				
Spelling Skills	1	3	27	F/503/3390
Understand how to look after a new home	1	1	9	F/504/1151
Further Education Enrichment Activity	1	2	18	F/505/4076
Understanding Work-Based Placements	1	1	9	F/505/8645
Alcohol Awareness for the Individual	1	3	27	F/505/8791
Understanding Diversity within Society	1	3	27	F/505/8807

Understanding and Using 2D Shapes	1	1	9	H/503/3169
Personal Learning Skills	1	6	54	H/505/4071
Understanding Rights and Responsibilities	1	3	27	H/505/4099
of Citizenship				
Personal Career Planning	1	3	27	H/505/4104
Problem Solving in the Workplace	1	3	27	H/505/8587
Approaches to Learning	1	1	9	H/505/8718
Introduction to Drug Awareness for the	1	3	27	H/506/1215
Individual				
Using Calculations: Addition and	1	1	9	J/503/3259
Subtraction of Whole Numbers				
Understanding Perimeter and Area	1	1	9	J/503/3276
Understand how to apply for housing	1	1	9	J/504/1149
Understand how to look after personal	1	1	9	J/504/1152
health and hygiene				
Communication in the Workplace	1	3	27	J/504/7517
Sex and Relationships	1	3	24	J/504/8196
Independent Shopping for Household Items	1	3	27	J/504/8277
Health and Safety in a Practical	1	1	9	J/504/9364
Environment				
Group and Teamwork Communication Skills	1	2	18	J/505/0451
Understanding Own Response to Body	1	2	18	J/505/1244
Image				
Making Choices in Pursuit of Personal Goals	1	3	27	J/505/4080
Take Part in an Activity	1	1	9	J/505/4337
Managing Own Relationship with Others	1	3	27	J/505/8551
How the Body Works	1	2	18	J/505/8615
Transforming Own Behaviour in Conflict	1	3	27	J/506/5323
Data Calculations	1	1	9	K/503/3044
Calculations using Fractions, Decimals and	1	3	24	K/505/1947
Percentages				
Measures and Shape	1	3	24	K/505/2063
Personal Development Skills	1	3	27	K/505/4069
Personal Career Preparation	1	1	9	K/505/4105
Health and Hygiene in the Home	1	3	27	K/505/8557
Understanding Pay and Payslips	1	1	9	K/505/8610
Understanding HE: Raising Aspirations	1	2	18	K/505/8719
Preparing for a Recruitment Interview	1	3	27	K/505/8722
Preparation for Work	1	3	27	K/505/8848
Calculation: Whole Numbers	1	3	27	K/505/9031
Young Parenthood	1	2	18	K/506/0728
Understanding Welfare at Work	1	3	30	K/618/6307
Punctuation and Grammar Skills	1	2	18	L/503/3392
Understanding financial products and	1	1	9	L/504/1153

Healthy Living	1	3	27	L/504/8264
Active Citizenship in the Local Community	1	1	9	L/504/8510
Time Management	1	3	27	L/504/8717
Improving Own Confidence	1	3	27	L/505/4078
Managing Your Own Learning	1	3	27	L/505/8552
Work, Review and Plan	1	3	27	L/505/8616
Carrying Out an Independent Research	1	3	27	L/505/8633
Project				
Understanding Personal Awareness	1	3	27	L/506/0673
Recognising Issues of Substance Misuse	1	1	9	M/505/1237
Research Project	1	3	16	M/505/2081
Skills for Independent Life	1	3	27	M/505/4073
Prepare for Interview	1	1	9	M/505/4106
Understanding what Volunteering is About	1	1	9	M/505/8611
Speaking and Listening Skills	1	3	27	M/505/8656
Understanding Welfare at Work	1	3	27	M/506/1993
Understanding Numbers	1	2	18	R/503/3166
Understanding and Using Decimals	1	2	18	R/503/3278
Developing Customer Service Skills	1	3	27	R/503/9226
Understanding and Using Shapes	1	3	27	R/503/9291
Personal Money Management	1	1	9	R/504/1154
Work Placement	1	3	27	R/504/8198
Induction to Study	1	3	27	R/504/8279
Aspects of Citizenship	1	3	27	R/504/8511
Presentation Skills	1	2	18	R/505/0453
Understanding Stress and Stress	1	3	27	R/505/1246
Management Techniques				
Understanding Young People, Law and	1	3	27	R/505/4101
Order				
Recognising Employment Opportunities	1	1	9	R/505/4342
Preparing for Interviews	1	1	9	R/505/5300
Personal Budgeting and Money	1	3	27	R/505/8567
Management				
Employment Rights, Contracts and Pay	1	3	27	R/505/8794
Measure: Time and Temperature	1	2	18	R/506/0920
Skills Used in Reading for Meaning	1	3	27	T/503/3158
Participating in a Vocational Taster	1	2	20	T/504/8632
Prejudice and Discrimination	1	3	27	T/504/8842
Building a Personal Career Portfolio	1	3	27	T/505/3989
Preparing for Work	1	3	27	T/505/4107
Undertaking an Enterprise Project	1	3	27	T/505/4446
Assertive Living	1	3	27	T/506/5320
Understanding and Using Fractions	1	2	18	Y/503/3170
Probability	1	1	9	Y/503/3282
Teamwork Skills	1	2	18	Y/504/9515

Personal Development	1	3	27	Y/506/0577
Understanding the Importance of a	1	1	9	Y/506/0613
Balanced Diet and Regular Exercise				
Personal Budgeting and Managing Money	1	3	27	Y/506/0787
Using Cooking Skills in the Domestic	1	3	27	Y/506/0790
Kitchen				
Carry Out a Systematic Cycle Check	1	1	9	H/504/9582
College Induction	1	3	27	H/503/3043
Principles of Dealing with Animal	1	2	18	A/505/8627
Accommodation				
Work Experience	1	3	27	T/505/8724
Agriculture and Animal Care				
Developing Confidence Working With	1	3	27	J/506/0476
Animals				
Assist with Maintaining the Health and	1	6	54	L/505/0726
Wellbeing of Animals				
Principles of the Care of Animals	1	2	18	M/505/8575
Assist with Animal Accommodation	1	2	18	T/505/8612
Assist with Feedstuffs for Small Animals	1	2	18	H/505/3051
Assist with the Care of Animals	1	2	18	A/505/8613
Building and Construction				
Use and Maintain Woodworking Tools	1	3	27	A/505/8725
Health and Safety in Construction	1	3	30	D/505/1363
Wallpapering Skills	1	3	27	D/506/5330
Use of Tools and Equipment for Bricklaying	1	3	27	F/505/8614
Constructing a One Brick Wide Wall using	1	3	27	H/504/9629
Bricklaying Skills				
Using Floor and Wall Tiling Techniques	1	3	27	H/504/9646
Developing Plumbing Skills	1	4	36	H/505/8668
Carpentry Hand Skills	1	3	27	J/503/2659
Assemble Units for Interiors	1	1	10	J/505/8601
Using Painting Skills for Interior Ceilings	1	3	27	K/504/9647
and Walls				
Constructing a Cavity Wall Using Bricklaying	1	3	27	L/504/9625
Skills				
Decorative Paint Effects for Interior Walls	1	3	27	L/505/4114
Using Plastering Skills - Floating Coat to an	1	3	27	M/504/9648
Attached Pier				
Fitting Units for Interiors	1	1	10	M/505/0539
Plastering Techniques	1	3	27	R/504/9643
Introduction to Plastering Techniques	1	3	27	R/505/4969
Fix and Fit Work Surfaces	1	1	10	R/505/8603
Using Plastering Skills - Plastering to a	1	3	27	T/504/9649
Window Reveal				

Constructing a Half Brick Wall Using Bricklaying Skills	1	3	27	Y/504/9627
Preparing Ceilings and Walls for Decoration	1	3	27	Y/504/9644
Business Management	<u> </u>	3	21	1/304/3044
Business Communication	1	3	27	F/505/4109
Understanding Time Management in the	1	2	18	R/505/8584
Workplace	-	_	10	11/303/0301
Crafts, Creative Arts and Design				
Industrial Fabric Printing	1	6	54	R/505/8729
Using Craft Skills with Natural Materials	1	3	27	T/505/8609
Tools and Equipment for Garment Making	1	3	27	K/505/8803
Using Commercial Garment Patterns	1	3	27	K/506/5329
Garment Construction Skills: Making a	1	3	27	K/505/8560
Simple Top				, ,
Child Development and Well Being			<u> </u>	
Using Craft Activities with Children and	1	3	27	D/504/9614
Young People				
Developing Skills for Listening to Children	1	3	27	H/503/8193
The Physical and Psychological Needs of	1	3	27	K/505/1611
Children				
Caring for Your Baby	1	3	27	M/505/8933
Caring for Young Children	1	3	27	T/505/3054
Understanding Play	1	3	27	Y/504/9613
Environmental Conservation				
Understanding Ecology and Conservation	1	3	27	Y/505/6576
Horticulture and Forestry				
Sowing and Growing Techniques	1	3	27	H/505/8797
Organic Horticulture	1	3	27	L/505/0600
Cultivating Compost and Soils	1	3	27	L/506/1015
Cultivating Herbs	1	3	27	R/503/2714
Developing Skills in Garden Horticulture	1	3	27	T/504/2880
Health and Social Care				
Understanding the Principles of Care,	1	3	27	J/505/8808
Organisational Policies and the Role of the				
Care Worker		_		- / /
Understanding Nutrition, Performance and	1	3	27	R/505/3269
Healthy Eating			40	NA/504/6524
Introduction to Care Work	1	2	10	M/504/6524
Performing Arts	1	3	27	NA/FOF /4042
Creative Writing Skills Technical Skills for Performance in the Arts	1	3	27 27	M/505/4042
Song Writing Skills	1	3	24	M/505/8723 D/504/7166
Using the Internet as a Medium for Music	1	3	27	F/505/8726
	1			1/303/0/20
Sound and Audio Production Skills	1	3	27	L/505/0998

Introduction to the Hospitality Industry	1	2	20	A/505/3198
Understanding Customer Service	1	3	27	A/506/1043
Preparing and Serving Drinks	1	3	27	D/505/8636
Customer Service in the Hospitality	1	3	20	F/505/3056
Industry				
Salon Reception Duties	1	3	22	H/504/9601
Food Service	1	2	18	J/505/3060
Basic Food Preparation and Cooking	1	3	30	K/505/3052
Using Kitchen Equipment	1	1	10	T/502/5075
Sport, Leisure and Recreation			,	
Planning own Fitness Programme	1	4	30	D/504/8947
Take part in Exercise and Fitness	1	3	27	D/505/8801
The Angling Environment	1	3	27	D/506/4713
Using an Ordnance Survey Map	1	2	18	F/505/8631
Planning a Trip to a Visitor Attraction	1	3	25	H/504/7993
Developing Angling Skills	1	3	27	J/505/8629
Participating in Leisure Activities	1	3	27	L/505/0659
Taking Part in Sport	1	3	27	R/505/1330
Transport and Engineering				
Checking and Maintaining a Car's Tyre	1	1	9	D/505/0603
Pressure and Tread				
Identification of Basic External and Internal	1	3	27	H/505/0604
Car Parts				
Tools, Equipment and Materials for Vehicle	1	4	36	K/505/8669
Maintenance				
Maintaining a Wheeled Vehicle for	1	2	18	M/504/8578
Personal Use				
Repair a Cycle Puncture	1	1	9	M/504/9584
Responsible Road Vehicle Ownership and	1	2	18	R/506/5325
Use				
ICT			22	1-0-10000
Design Software	1	3	20	A/505/6389
IT Software Fundamentals	1	3	20	A/505/6392
Word Processing Software	1	3	20	D/505/6398
Video Software Skills	1	2	18	F/505/1730
Spreadsheet Software	1	3	20	F/505/3204
Using the Internet	1	3	20	H/505/3275
Using Email	1	2	15	L/505/3271
Multimedia Software Skills	1	3	27	M/505/1688
Presentation Software	1	3	20	M/505/3201
Desktop Publishing Software	1	3	20	R/505/3059
Imaging Software	1	3	20	R/505/3062
IT Communication Fundamentals	1	2	15	T/505/6391
Using Mobile IT Devices	1	2	15	Y/505/3273
Entry 3 units				

Issues of Substance Misuse	E3	1	10	A/504/8437
Skills for Shopping	E3	3	30	A/504/8695
Using Computers for Family Learning	E3	2	20	A/504/8857
Health and Safety Awareness	E3	1	10	A/504/9913
Drug and Alcohol Misuse Awareness	E3	3	30	A/505/8708
Grammar and Punctuation in Practical Use	E3	1	10	A/506/1768
College Induction	E3	3	30	D/504/8124
Understanding Family Relationships	E3	3	30	D/505/1279
Introduction to Developing Parenting Skills	E3	3	30	D/505/8569
Understanding How and Why to Support	E3	3	30	D/505/8572
Children in Family Learning				
Recognising Own Skills for Personal	E3	3	30	D/505/8958
Development				
Personal Budgeting and Managing Money	E3	3	30	D/506/5313
Engage in Discussion	E3	1	10	F/503/3048
Developing Skills for Gaining Employment	E3	3	30	F/504/8519
The Local Community	E3	1	10	F/505/3672
Introduction to Road Safety	E3	3	30	F/505/8712
Skills for Employability	E3	3	30	F/505/8788
Speaking to Communicate	E3	1	10	F/506/0671
Home and Personal Safety Awareness	E3	3	30	H/504/8433
Introduction to a Training Course	E3	3	30	H/504/8495
Recognise Trees and Plants and their	E3	2	20	H/504/9565
Importance to Wildlife				
Introduction to Understanding Sex and	E3	3	30	H/505/8573
Relationships				
Managing Social Relationships	E3	2	20	H/505/8623
Alcohol and Drug Misuse Awareness	E3	3	30	H/505/8783
Aspects of Citizenship	E3	3	30	J/504/8425
Time	E3	1	10	J/504/8716
Emotional Intelligence	E3	3	30	J/505/3737
Career Preparation	E3	1	10	J/505/3740
Introduction to Making and Using Story	E3	2	20	J/505/8548
Sacks for Family Learning				
Food Safety and Storage	E3	3	30	J/505/8646
Using a Personal Learning Programme	E3	3	30	J/505/8789
Making Choices in Pursuit of Personal Goals	E3	3	30	J/506/0574
Recognising Employment Opportunities	E3	1	10	K/504/8529
Planning for Personal Development	E3	1	10	K/505/3665
Young People, Law and Order	E3	3	30	K/505/3679
Employment Contracts and Payslips	E3	1	10	K/505/3746
Division of Whole Numbers	E3	1	10	K/505/4010
Understanding Self and Others	E3	3	30	K/506/0678
Work Experience	E3	3	30	L/504/8720
Accessing Public Transport	E3	3	30	L/504/9592

Money: Adding and Subtracting	E3	1	10	L/505/3089
Personal Study Skills	E3	3	30	L/505/3741
Preparation for Work Experience	E3	1	10	L/505/8583
Introduction to Customer Service Skills	E3	3	30	L/505/8597
Preparation for Production Skills	E3	3	30	M/505/3683
Data Handling: Extracting and Interpreting	E3	1	10	M/505/4008
Volunteering	E3	2	20	M/505/8592
Teamwork Skills	E3	2	20	R/505/5698
Introduction to Group and Teamwork	E3	3	30	R/505/8570
Communication Skills				
Living in the Community	E3	3	30	R/505/8598
Participating in a Vocational Taster	E3	2	20	R/506/5308
Diversity in Society	E3	3	30	T/504/8565
Data Handling: Recording and Representing	E3	1	10	T/505/4009
Data				
Developing and Applying Number Skills	E3	1	10	T/506/5317
Introduction to Food, Drink and Cooking	E3	3	30	Y/504/8509
Preparing for a Recruitment Interview	E3	2	20	Y/505/3743
Introduction to Assertiveness and Decision	E3	3	30	Y/505/8568
Making Skills				
Developing Skills for a Healthy Lifestyle	E3	3	30	Y/506/5312
Take Part in an Activity	E3	2	20	T/504/8713
Spelling and Handwriting Skills	E3	1	10	A/503/3159
Getting to Know Woodlands	E3	3	30	M/505/6468
Developing Confidence Working With	E3	3	30	R/504/9562
Animals				
Recognise Types and Parts of the Body of	E3	2	20	K/504/9566
Small Animals				
Assist with Catching and Restraining a Small	E3	2	20	K/505/8588
Animal				
Check that a Small Animal is Healthy	E3	2	20	L/504/9561
Using the Telephone and Photocopier	E3	3	30	A/505/8790
Reception and Filing Skills	E3	3	30	H/505/3194
Health and Safety in Construction	E3	3	30	H/505/1381
Introduction to Carpentry and Joinery	E3	3	30	Y/505/3192
Needle/Textile Crafts	E3	3	30	D/505/5686
Basic Craft Skills	E3	3	30	H/505/5687
Using Mixed Media in 2D	E3	3	30	J/505/3608
Communication Between Children Aged 0-	E3	3	30	F/504/9606
3 Years and Adults				
Introduction to Preparing, Presenting and	E3	3	30	J/505/8713
Keeping Food for Children and Young				
People				
Introduction to Developing Skills for Caring	E3	3	30	M/505/8785
for your Child				

Introduction to Looking after Customers in a Retail Environment	E3	3	30	T/505/8402
Indoor Team Games	E3	3	30	A/505/8644
Taking Part in Sport	E3	3	30	F/505/8600
Improving Own Fitness	E3	3	30	L/505/8549
Motor Vehicle Workshop Tools and	E3	2	20	A/505/0107
Equipment				
Routine Vehicle Checks	E3	2	20	F/505/3221
Routine Wheel and Tyre Checks	E3	2	20	J/505/3222
Checking and Maintaining Fluid Levels on a	E3	1	10	L/505/0094
Car				
Washing a Car Exterior	E3	1	10	L/505/0418
Identification of Basic External and Internal	E3	1	10	R/505/3188
Car Parts				
Checking and Maintaining Car Tyre	E3	1	10	T/505/4401
Pressures and Tread				
Valeting a Car Interior	E3	1	10	T/505/8707
Clean and Prepare a Cycle for Use	E3	1	10	J/504/9574
Personal Learning Goals	E3	3	30	A/505/8787
Garment Making	E3	3	30	Y/505/3600
Reading Grammar and Punctuation	E3	1	10	H/503/3155
Groom a Small Animal	E3	2	20	D/505/0777
Hair Plaiting	E3	3	30	F/505/8595
Hair Plaiting Level 2 Units	E3	3	30	F/505/8595
	E3 2	3	30 24	F/505/8595 A/504/8843
Level 2 Units				
Level 2 Units Prejudice and Discrimination	2	3	24	A/504/8843
Level 2 Units Prejudice and Discrimination Career Planning	2 2	3 3	24 20	A/504/8843 A/505/1225
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice	2 2 2	3 3 2	24 20 16	A/504/8843 A/505/1225 A/505/1287
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills	2 2 2 2	3 3 2 2	24 20 16 16	A/504/8843 A/505/1225 A/505/1287 D/504/9516
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering	2 2 2 2 2 2	3 3 2 2 2	24 20 16 16 16	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work	2 2 2 2 2 2 2	3 3 2 2 2 2 3	24 20 16 16 16 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills	2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3	24 20 16 16 16 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project	2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3	24 20 16 16 16 24 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project Work Experience	2 2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3 3	24 20 16 16 16 24 24 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867 H/504/8884 H/505/5057 H/505/5060
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project Work Experience Personal Development Skills	2 2 2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3 3 3	24 20 16 16 16 24 24 24 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867 H/504/8884 H/505/5057
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project Work Experience Personal Development Skills Interpersonal Skills	2 2 2 2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3 3 3 3	24 20 16 16 16 24 24 24 24 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867 H/504/8884 H/505/5057 H/505/5060
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project Work Experience Personal Development Skills Interpersonal Skills Recognising Employment Opportunities	2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3 3 3 3 3	24 20 16 16 16 24 24 24 24 24 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867 H/504/8884 H/505/5057 H/505/5060 H/505/5124 H/505/8671 J/505/1289
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project Work Experience Personal Development Skills Interpersonal Skills Recognising Employment Opportunities Introduction to Mentoring	2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3 3 3 1 1 1	24 20 16 16 16 24 24 24 24 24 24 24 8 8	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867 H/504/8884 H/505/5057 H/505/5060 H/505/5124 H/505/8671 J/505/1289 J/505/5052
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project Work Experience Personal Development Skills Interpersonal Skills Recognising Employment Opportunities Introduction to Mentoring Mentoring Skills	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3 3 3 1 1 1 1 3	24 20 16 16 16 24 24 24 24 24 24 24 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867 H/504/8884 H/505/5057 H/505/5060 H/505/5124 H/505/8671 J/505/1289
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project Work Experience Personal Development Skills Interpersonal Skills Recognising Employment Opportunities Introduction to Mentoring Mentoring Skills Making Choices in Pursuit of Personal Goals	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3 3 3 1 1 1 3 3 3	24 20 16 16 16 24 24 24 24 24 24 24 24 24 24 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867 H/504/8884 H/505/5057 H/505/5060 H/505/5124 H/505/8671 J/505/1289 J/505/5052
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project Work Experience Personal Development Skills Interpersonal Skills Recognising Employment Opportunities Introduction to Mentoring Mentoring Skills Making Choices in Pursuit of Personal Goals Drug Awareness	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3 3 3 1 1 1 3 3 3 3	24 20 16 16 16 24 24 24 24 24 24 24 24 24 24 24 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867 H/504/8884 H/505/5057 H/505/5060 H/505/5124 H/505/8671 J/505/1289 J/506/0588
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project Work Experience Personal Development Skills Interpersonal Skills Recognising Employment Opportunities Introduction to Mentoring Mentoring Skills Making Choices in Pursuit of Personal Goals Drug Awareness Preparation for a Recruitment Interview	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3 3 3 1 1 1 1 3 3 3 2	24 20 16 16 16 24 24 24 24 24 24 24 24 24 24 24 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867 H/505/5057 H/505/5057 H/505/5124 H/505/5124 H/505/51289 J/505/1289 J/506/0588 J/506/5340
Level 2 Units Prejudice and Discrimination Career Planning Mentoring Practice Teamwork Skills Learning from Volunteering Understanding Welfare at Work Team Building Skills Undertaking an Enterprise Project Work Experience Personal Development Skills Interpersonal Skills Recognising Employment Opportunities Introduction to Mentoring Mentoring Skills Making Choices in Pursuit of Personal Goals Drug Awareness Preparation for a Recruitment Interview Understanding Customer Service	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 2 2 2 2 3 3 3 3 3 3 1 1 1 3 3 3 3 3	24 20 16 16 16 24 24 24 24 24 24 24 24 24 24 24 24 24	A/504/8843 A/505/1225 A/505/1287 D/504/9516 D/505/7194 D/506/5344 H/504/8657 H/504/8867 H/504/8884 H/505/5057 H/505/5060 H/505/5124 H/505/8671 J/505/1289 J/506/0588 J/506/5340 K/503/2668

Problem Solving Skills	2	3	24	L/506/5341
Recognising and Dealing with Bullying	2	2	16	M/505/0802
Personal and Social Responsibility	2	3	24	M/505/5109
Equality and Diversity	2	3	24	R/505/1974
Group and Teamwork Communication Skills	2	3	24	R/505/8925
Speaking and Listening Skills	2	3	24	Y/503/3377
Sex and Relationships Education	2	3	24	Y/504/2886
Aspects of Citizenship	2	3	24	Y/504/8512
Personal Risk	2	1	8	Y/505/5119
Understanding Young People, Law and	2	3	24	Y/505/8912
Order				, , , , , , , ,
Developing Personal Learning Skills	2	3	24	Y/506/5374
Managing Your Own Learning	2	3	24	K/505/8915
Health and Safety Awareness in a Working	2	3	24	M/504/8693
Environment				
Leadership Skills	2	3	24	R/505/7192
Understanding Business Organisations	2	3	24	F/504/9587
Understanding how to Meet the Physical	2	3	24	F/505/8838
Needs of Children				
Understanding the Intellectual and	2	3	24	A/506/5366
Language Development of Children from				
Birth to Eight				
Understanding Ageing and the Older	2	3	24	A/505/4674
Person				
Dementia Awareness	2	2	16	A/505/8935
Understanding Mental Health	2	3	24	L/505/4680
Understanding Continence Care	2	3	24	L/505/8888
Understanding Counselling Theories	2	3	24	M/505/8883
Nutrition and Weight Management	2	6	48	T/504/8968
Skills in Providing Personal Care in Care	2	3	24	Y/505/8926
Settings				
Care Planning Skills for the Care Worker	2	3	24	D/505/8703
The Role of the Care Worker in Caring for	2	3	24	T/504/9084
the Person with Dementia				
Understanding Health Promotion in Care	2	3	24	A/505/8837
Settings				
Sound and Audio Production Skills	2	3	24	D/505/4974
Careers in Leisure and Tourism	2	3	24	J/505/4810
Taking Part in Sport for Personal	2	3	24	M/505/7233
Improvement				

Contact & Further Information

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Product Development for enquiries please email development@ascentis.co.uk